

MASTERCLASS #4 **Takeaway Material**

Helping students develop social and emotional skills while learning English in hybrid environments

You can watch this MasterClass again here:

<https://youtu.be/xIfvwf20Fd4>

You can watch all of the previous MasterClass in our playlist:

<https://www.youtube.com/playlist?list=PLI1gOhfa4wv1JJ07Kwkmqx6AHs5yiarJx>

ACTION STEP 1

Teach emotion words using the mood meter

HOW TO TEACH EMOTION WORDS?

Use a mood meter poster or chart for students to refer to

Be intentional in its use to support students and teachers

ACTION STEP 2

Choose one strategy to activate students' senses



Songs for mood and pacing

Songs for language teaching



Show what you explain

Change class scenario

Use apps to change virtual scenario



Add excitement through touch

Do challenges

Use realia

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ACTION STEP 3

Make a mindfulness routine

IDEAS FOR ROUTINES
Use mindfulness activities as your warm up
Plan short breathing exercises before exams or presentations
Do brain breaks during long classes

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