

“BEYOND THE CLASSROOM” ENGLISH SELF-STUDY GUIDE

School	_____	City	_____
Teacher's name	_____		
Student's name	_____		
Grade	8 th	Level	A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Queridos padres de familia o acudientes:

Continuamos nuestra labor, apreciamos su compromiso, excelente actitud y trabajo en equipo para el beneficio de nuestros jóvenes. Por esto, invitamos a su hijo (a) a desarrollar esta guía de aprendizaje que le permitirá practicar vocabulario relacionado con algunos alimentos, así como dar recomendaciones sobre qué platos consumir. Para ello, las actividades propuestas están basadas en el libro del estudiante *Way To Go 8* página 64, ejercicio 6. Se adjunta la página del libro al final de la guía en caso de no contar con el libro en formato digital. Se estima que su hijo (a) dedique un tiempo estimado de 1 hora para completar las siguientes actividades:

- ✓ **Sección 1. Vocabulario:** encontrar vocabulario de alimentos en una sopa de letras de acuerdo a las imágenes presentadas.
- ✓ **Sección 2. Comprensión de lectura:** realizar lectura de un texto mientras completa algunos espacios con las palabras que encontró en la sopa de letras anterior. Luego, responder preguntas de selección múltiple para verificar la comprensión del texto.
- ✓ **Sección 3. Lenguaje:** responder a preguntas de selección múltiple referentes a oraciones tomadas del texto anterior para descubrir los usos del verbo “*should*” en oraciones afirmativas y negativas.
- ✓ **Sección 4. Escritura:** con base en el texto presentado en el ejercicio anterior, escribir una carta corta recomendando un plato típico de su pueblo/ciudad. Para esto, debe utilizar el vocabulario relacionado con los alimentos y el verbo “*should*”.
- ✓ **Sección 5. Auto-evaluación:** evaluar su aprendizaje y comprensión del tema a partir de la reflexión de su desempeño en el desarrollo de las actividades de esta guía.

Adicionalmente, en cada actividad su hijo (a) podrá encontrar ejemplos de las respuestas a cada actividad, así como recursos adicionales para practicar. Le agradezco su colaboración supervisando el trabajo de su hijo (a) durante el desarrollo de las actividades y formulando las preguntas que se encuentran al final de esta guía en la sección ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA a fin de confirmar los aprendizajes que su hijo (a) logró realizar.

¡Mil gracias por su apoyo!



WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you practice vocabulary related to food. All the activities are connected to the reading appearing in the *Way to go 8 Student's Book 8* page 64. The guide starts with a word search puzzle to review vocabulary about food. Then, you will read a short text and answer some reading comprehension questions. Later, you will discover how to use the verb "should" in affirmative and negative sentences, and finally you will write a short letter to recommend a typical dish in your town/city.

Topic	Skill(s)	Grammar	Vocabulary	Function(s)
What should I eat?	Reading Writing	Should Shouldn't	Food	Giving recommendations about what to eat

GET READY

Study time needed: 1 hour	Resources: <i>English online dictionary, notebook, pencil/pen, mobile phone/computer, PDF file of Way to Go Student's Book 8.</i>	Textbooks Links: <u>-Way to go Student's Book 8, page 64, exercise 6</u>
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LEARNING OBJECTIVES

What will you learn/practice/reinforce with these activities?

- To recognize vocabulary related to food.
- To infer and interpret information from a text.
- To give recommendations using the modal verb "should/shouldn't" in a short text.

LEARNING STRATEGIES

What can you do to achieve the objectives?

- Read carefully the instructions for each task.
- Look at the sample answers given in each activity. They are highlighted in yellow.
- Use your prior knowledge and try to infer the meaning of new words. Use the dictionary only when necessary.
- Write on your notebook any new vocabulary.
- Use the model text given to write your own.



1. VOCABULARY TASKS (10 minutes)

A. Find the names of the items in the word search puzzle. Then, write their names on the lines.



1.

1. _____



6.

6. _____



2.

2. Beans

L	K	X	M	R	I	C	E	P	M	V	S	I	N
S	S	J	I	G	U	A	H	W	I	V	T	O	K
B	E	A	N	S	O	Q	R	Q	L	P	T	Y	J
F	Q	J	O	E	V	O	D	X	K	N	R	R	R
E	Q	Y	C	L	N	Q	T	N	N	E	Q	E	F
E	C	T	W	B	H	W	I	C	I	G	A	T	V
B	A	H	A	A	A	T	W	K	C	G	S	T	Y
K	M	A	K	T	S	Y	I	E	E	S	Y	U	X
B	O	B	D	E	G	Q	S	T	C	P	Q	B	W
A	O	W	L	G	G	W	R	Q	R	Y	E	I	D
N	C	C	X	E	E	O	V	D	E	B	C	N	K
A	X	E	N	V	D	O	P	G	A	A	Q	I	I
N	P	W	Q	G	V	O	D	E	M	D	Y	J	K
A	A	V	O	C	A	D	O	X	I	K	B	B	C



7.

7. _____



3.

3. _____



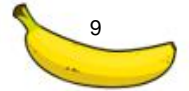
8.

8. _____



4.

4. _____



9.

9. _____



5.

5. _____



10.

10. _____



2. READING TASKS (15 minutes)

B. The following is a post on a travel blog. Use some of the words from the word search puzzle to complete the message. Use the letters given to help you.

Travel Blog: Colombian Cuisine

11

Posted by James Lee, August 31st



I am a Canadian traveller and I have just come back from Colombia. I loved my stay there. The food is a gastronomical adventure! You **should try** the paisa platter (Bandeja Paisa). It's a good source of protein because it has 1. **eggs**, red 2. **b__ns**, fried pork and minced 3. **be__**. A good Bandeja Paisa **should come** with 4. **r_c__** and slices of fried plantain called patacón. It **should also be** accompanied by an 5. **av__c__o** because it contains a lot of vitamins and minerals. Personally, I love this dish because it mixes a lot of flavours and nutrients. I suppose fried pork, minced beef and eggs provide a lot of cholesterol, so you **should not eat** this dish every day unless you are very active! But if it's your first time in Colombia and you are in Antioquia, you **should try** it!

Taken and adapted from Way to go Student's book 8 page 64 exercise 6

C. Read the post on the travel blog by James Lee again and select the correct option.

1. James Lee is...
 - a) Colombian
 - b) Canadian**
 - c) Paisa
2. James Lee didn't enjoy his stay in Colombia.
 - a) True
 - b) False
3. Bandeja Paisa is a good source of...
 - a) Vitamins and minerals
 - b) Flavours
 - c) Protein
4. A good Bandeja Paisa **should come** with...
 - a) Rice and patacón
 - b) Flavours and nutrients
 - c) Cholesterol
5. Avocados contain...
 - a) Nutrients
 - b) Cholesterol
 - c) Vitamins and Minerals
6. You **shouldn't eat** Bandeja Paisa when...
 - a) You are not an active person
 - b) It is your first time
 - c) You travel to Antioquia

3. LANGUAGE TASKS (10 minutes)

D. Check the post by James Lee again. Pay attention to the words in **green** to answer the following questions.

1. In the sentence "You **should try** the paisa platter" the word "**should**" expresses:
a) An ability **b) A recommendation** c) An opinion
2. In the sentence "You **should try** the paisa platter" the word "**should**" goes:
a) After the main verb b) before the main verb c) before the subject
3. The sentence "A good Bandeja Paisa **should come** with rice" is...
a) In present b) in past c) in future
4. In affirmative sentences, the word "**should**" is followed by...
a) To + main verb b) main verb c) not + to + the main verb
5. Does the main verb change when using the word "**should**"?
a) Yes b) no
6. "You **should not eat** this dish every day" is...
a) An affirmative sentence b) a question c) a negative sentence
7. In negative sentences the word "**not**" goes...
a) Before "**should**" and after the main verb
b) After "**should**" and before the main verb
c) After the subject



E. Complete the following sentences using **should** or **shouldn't**.

1. You **should** eat more fruits and less ice cream.
2. You _____ include more vegetables in your diet.
3. You _____ eat fast food because it contains too much fat.
4. You _____ exercise more.
5. You _____ drink soda and eat candies.
6. You _____ eat Bandeja Paisa when you are not an active person.

4. WRITING TASK (20 minutes)

F. Sammy is visiting your city for the first time. She loves food of all kinds, but she doesn't know what is the typical food you eat at your place. Write a short letter with some recommendations for a special dish she should try in your city. Follow the model text on exercise B.






Hi dear Sammy,

I am from _____. You should try _____ because _____

Sincerely, _____.

5. SELF-ASSESSMENT TASK (5 minutes)

-Place a tick (✓) according to your understanding of the topic.

After finishing this self-study guide, I ...	13  Very well	14  Good	15  I need more practice
1. Recognize some vocabulary related to food.			
2. Infer and interpret information from a text.			
3. Give recommendations using the modal verb "should/shouldn't" in a short text.			



THIS IS THE END

Congratulations dear student! You have made it to the end! Now, you can give recommendations about good food to your family and friends. Invite them all to try the delicious food of your city/town while practicing the uses of *Should/shouldn't* and some vocabulary related to food. For this, you should use the resources given below to get more ideas on how to do it.

USEFUL RESOURCES

Online bilingual dictionary <https://www.ldoceonline.com/es-LA/>

Explanation of the uses of should and shouldn't <https://www.britishcouncil.es/blog/should-en-ingles>
<https://www.englishclub.com/grammar/verbs-modal-should.htm>

Explanation and examples of should and shouldn't <https://youtu.be/OxO7YB-INS0>

Vocabulary games about food and drinks <https://learnenglishkids.britishcouncil.org/word-games/food-1>
<https://learnenglishkids.britishcouncil.org/word-games/food-2>
<https://learnenglishkids.britishcouncil.org/word-games/drinks>
<http://www.eslgamesworld.com/members/games/ClassroomGames/SpinOff/Food%20Spin%20-%20Fruits,%20Veggies,%20Actions,%20Food/index.html>

ANSWER KEY

1. VOCABULARY TASKS

A.

O	G	T	D	R	I	C	E	A	M	W	Z	I	T
V	O	H	O	H	P	A	I	G	I	B	S	G	H
B	E	A	N	S	A	I	A	T	L	R	C	J	S
F	F	A	N	E	I	D	C	J	K	S	V	R	R
E	E	B	D	L	Q	A	Y	B	Z	E	H	E	P
E	Z	P	Q	B	G	Q	L	O	I	G	Z	T	I
B	G	P	A	A	G	V	N	U	C	G	D	T	B
A	E	C	X	T	S	S	H	F	E	S	J	U	R
B	W	I	M	E	G	S	S	T	C	R	T	B	J
A	H	G	C	G	G	P	P	J	R	I	J	U	L
N	I	B	H	E	E	A	P	T	E	G	L	O	O
A	F	O	N	V	H	O	Y	N	A	V	W	N	C
N	V	R	I	I	F	Y	G	I	M	X	N	P	X
A	A	V	O	C	A	D	O	N	H	Z	Y	Y	F

- 1. eggs 2. beans 3. beef 4. milk 5. rice
- 6. vegetables 7. butter 8. avocado 9. banana
- 10. ice cream

2. READING TASKS

- B. 1. eggs 2. beans 3. beef 4. rice 5. avocado
- C. 1. b 2. b 3. c 4. a 5. c 6. a

3. LANGUAGE TASKS

- D. 1. b 2. b 3. a 4. b 5. b 6. c 7. b
- E. 1. should 2. should 3. shouldn't 4. should 5. shouldn't 6. shouldn't



ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Estimado padre de familia o acudiente: le agradezco su compromiso y acompañamiento durante el desarrollo de esta guía. Ahora que su hijo (a) ha finalizado completamente las actividades, le invito a realizar verificación del proceso de aprendizaje a través de las siguientes preguntas:

1. ¿Cuál fue la actividad que te pareció más difícil? ¿Por qué?
2. ¿Cuál actividad te gustó más? ¿Por qué?
3. Dime en inglés algunos alimentos.
4. Dame una recomendación en inglés usando "*should*".
5. ¿Te parecieron claras las instrucciones y los ejemplos dados en cada actividad?
6. ¿Cuánto tiempo te tomó desarrollar toda la guía?

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APPENDIX

Way to Go Student's book page 64 exercise 6

6.  **Read »** Complete the traveller's blog post using words from the Word Bank. Then, discuss the blogger's opinion about the dish with a partner. Do you agree?

Word Bank

comes good source contain high provide

Travel Blog: Colombian Cuisine

Posted by James Lee, August 31st.

I am a Canadian traveller and I have just come back from Colombia. I loved my stay there. The food is a gastronomical adventure! I really recommend the paisa platter (*bandeja paisa*). It's a ^a_____ of protein because it has eggs, red beans, fried pork and minced beef. It ^b_____ with rice and slices of fried plantain called *patacón*. It's served with avocado. Avocados ^c_____ a lot of vitamins and minerals. Personally, I love this dish because it mixes a lot of flavours and nutrients. I suppose fried pork, minced beef and eggs ^d_____ a lot of cholesterol, so this dish is not healthy if you eat it every day or if you are not very active! But if it's your first time in Colombia and you are in Antioquia, you should try it!

COMMENTS

Lorie, 15 September, 2016 at 3:24 pm
I'm a nutritionist. I agree the mix of flavours sounds interesting: eggs, avocados and pork are great sources of protein. But unfortunately, it's very ^e_____ in fat. Maybe you should include more vegetables and use a different cooking method for some ingredients.



South American countries

64



LINKS OF IMAGES

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