



"BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School	_____	City	_____
Teacher's name	_____		
Student's name	_____		
Grade	8th	Level	A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés es para el trabajo en casa. Se preparó con el fin de ayudar a su hijo o hija a practicar el vocabulario relacionado con los ingredientes de comidas típicas, el uso del wh question (what), pidiendo y dando información escrita acerca de los diferentes ingredientes de comidas típicas de tres países diferentes. Su hijo (a) deberá dedicar una hora y veinte minutos para desarrollar toda la guía. El trabajo aquí descrito se deriva de las actividades indicadas en la página 60 del libro del estudiante Way to Go 8, y 64 que está disponible en la plataforma Colombia Aprende. Se adjuntó la página del libro al final de la guía para quienes no tiene acceso a internet.

La actividad 1 es de identificar diferentes ingredientes debajo de las imágenes, relacionados con comida y teniendo en cuenta el banco de palabras ubicado al lado derecho.

- La actividad 2 invita a su hijo(a) a escuchar un audio relacionado con el tema principal. Se enviará el audio a través de whatAspp.
- La actividad 3 en esta, el estudiante tendrá la oportunidad de completar un texto con las palabras del banco de palabras, luego identificar los ingredientes principales de la bandeja paisa, y contestar preguntas con relación al texto.
- actividad 4 consiste en identificar por medio de los colores la estructura de la pregunta y respuesta simple en inglés. La actividad 4.3, 4.4 y 4.5 deben contestar preguntas relacionadas con un plato típico
- Por último, la actividad 5 es para que su hijo(a) autoevalúe lo aprendido.

Agradecemos su colaboración supervisando que su hijo(a) complete las actividades indicadas, al final ustedes encontraran una serie de preguntas de verificación de lo que su hijo(a) aprendió durante el desarrollo de esta guía.

WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you practice asking and giving information. All the activities are related to the topic of ingredients of food, choices presented in Way to Go Student Book 8 Module 2 Unit 2 Lesson 1, page 60-64 It builds on the vocabulary and language analysis. It helps you to improve your reading, writing and listening skills.



Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Foreign dishes	Reading, listening and writing.	Present simple, wh question (what)	Ingredients of food	Asking and giving information about food.

GET READY

<p>Study time needed : 1.20'</p>	<p>Resources: <i>Mobile phone, dictionary, pencil, and written instructions for a healthy food choices activity.</i> <i>Textbooks</i></p>	<p>Textbooks Links:</p> <ul style="list-style-type: none"> - <i>Way to go 8, student book.page 60, 64</i> - https://drive.google.com/file/d/11WHC1E99542U204WIA5xxm5VQ3iSN6St/view
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LEARNING OBJECTIVES

LEARNING STRATEGIES

What will you learn/practice/reinforce with these activities?

- To practice vocabulary related to food.
- To use correct spelling when writing words related to ingredients of dish.
- Write questions and long answers about ingredients of a dish.
- Identify relevant information in short texts.

What can you do to achieve the objectives?

- Read the instructions for each task.
- Use a free dictionary app to listen to the pronunciation of new vocabulary.
- Look at the pictures relating to dishes from Australia, Japan and Colombia. Label the ingredients with the words in the Word Bank.
- Repeat the pronunciation of the words a few times. It can help you feel more comfortable to use them.
- When listening to the audios, write down on your sheet, the words that you can understand and complete the chart.
- Read the questions carefully about the three dishes in exercise 1.
- In the blog travel, read the words before and after the space before completing it with a word from the word bank.
- Look up in the dictionary any word you don't understand.



ACTIVITIES

1. VOCABULARY TASKS (15)

Look at the pictures relating to dishes from Australia, Japan and Colombia. Label the ingredients with the words in the Word Bank.



meat pie



"nikuman"



empanada



Word Bank

- onions
- minced beef
- flour
- potatoes
- oil
- salt
- ketchup
- pork

1




- 1.1 Rewrite the names and Complete the chart with the products from the first
- 1.2 Write the ingredients of each dish, you can use the product many times as you need it.

Meat pie	Nikuman	Empanada
Onion		

2. LISTENING TASKS (20)

You will hear the description of three foreign dishes. Track 27.

- a. Read the description before listen to the audio. Can you predict the ingredient?
- b. Listen and read at the same time. Finally, listen and complete the chart.

	Description
Nikuman 	It is healthy because it contains ^a ____, a good source of protein.
Meat pie 	The ^b ____ ____ is healthy, but if you add too much ketchup, it is high in ^c ____.
Empanada 	This empanada is filled with ^d ____ and ^e ____. It is better to eat it if it is ^f ____, not fried.

2



3. Reading tasks (20)

In this point. James Lee is from Canada, he is Canadian, he wrote a travel blog about Colombia cuisine. Do you think he likes it? Let´s read it!

3.1 Complete the text using the word bank.

Word Bank

comes good source contain high provide

Travel Blog: Colombian Cuisine

Posted by James Lee, August 31st.

I am a Canadian traveller and I have just come back from Colombia. I loved my stay there. The food is a gastronomical adventure! I really recommend the paisa platter (*bandeja paisa*). It's a ^a_____ of protein because it has eggs, red beans, fried pork and minced beef. It ^b_____ with rice and slices of fried plantain called *patacón*. It's served with avocado. Avocados ^c_____ a lot of vitamins and minerals. Personally, I love this dish because it mixes a lot of flavours and nutrients. I suppose fried pork, minced beef and eggs ^d_____ a lot of cholesterol, so this dish is not healthy if you eat it every day or if you are not very active! But if it's your first time in Colombia and you are in Antioquia, you should try it!

COMMENTS

Lorie, 15 September, 2016 at 3:24 pm
I'm a nutritionist. I agree the mix of flavours sounds interesting: eggs, avocados and pork are great sources of protein. But unfortunately, it's very ^e_____ in fat. Maybe you should include more vegetables and use a different cooking method for some ingredients.

COLOMBIA

South American countries

3

3.2. According with the text answer the following questions.

What is the name of the typical Colombian dish?

- a. Arroz paisa b. bandeja paisa c. lechona

3.3 Read the text again and answer the questions. **What are the products combine in it?**

Tick them, look at the example

- a. Eggs
- b. Fried Pork
- c. French fries
- d. lettuce
- e. Minced beef
- f. Rice
- g. Avocado
- h. Patacon
- i. Chicken
- j. Red beans



3.4 What is Lorie’s opinion about bandeja paisa?

- a. It is very high in fat
- b. it is healthy

3.5 What is the purpose of the writer?

- A. to write about Colombian food.
- B. to write about a specific dish from Colombia that he likes.
- C. to inform other foreigners about bandeja paisa’s ingredients.

4. LANGUAGE FOR ASKING AND ANSWERING QUESTIONS (15)

4.1 Match the sentences in column A with column B

A

- 1. This is an example of **wh** question
- 2. Verb to be
- 3. Example of complement is

B

- a. am/are/is
- b. What
- c. of the Nikuman dish

4.2 There is an example of the questions` structure and its answers.

QUESTIONS

ANSWERS

What are the ingredients of the Nikuman dish? The ingredients are **Flour, onion, garlic, pork.**

What is the cooking method?

The cooking method is **steamed**

Nikuman dish example

4.3 Take into account point 4.2 complete the answers for following questions.

a. **What are the ingredients of the empanada dish?**

The ingredients of empanada are.....

b. **What is it filled with?**

It is filled with.....

c. **What is the cooking method?**

The cooking method is

4.4 Your turn. Write questions and answers about Meat pie dish like the examples before. Look at the colors in order to make the questions and the long answers correctly.

Question

Answer

- a. _____
- b. _____



4.5 Think about your favorite dish. Ask and answer questions about it.

Question

Answer

5. SELF-ASSESSMENT TASKS (ten)

Check your progress!	4	5	6	Discuss with your parents, then answer the questions below
	Very well	Quite well	With difficulty	
I can identify vocabulary related with ingredients.				How many words did you learn to write in English from the first activity? _____
I can identify information in an audio				How many words did you identify? _____
I can answer literal and inferring questions				Which is more difficult, literal or inferential? _____
I can ask and answer questions about ingredients of food				Name one question. _____

THIS IS THE END

Congratulations, you can do amazing things. Continue practicing food`s ingredients, learning vocabulary, listening to audios your written form. And comprehension reading. You can check the useful resources as well. Finally, don`t forget to practice food`s ingredients.

USEFUL RESOURCES

Link for the audio, Way to Go 8, track 27

<http://aprende.colombiaaprende.edu.co/es/node/94010>

Watch two videos, one is about bandeja paisa`s ingredients and recipe, and the other is about wh questions.

<https://www.youtube.com/watch?v=IPdNZTG3ZDc>

https://www.youtube.com/watch?v=uzx-mIErpbE&list=RDuzx-mIErpbE&start_radio=1

Pictionary

<https://www.opdome.com/>

Listening

<https://learnenglishteens.britishcouncil.org/uk-now/video-uk/food-britain>



ANSWER KEY

1. Vocabulary

Answer Key

Meat pie:
ketchup onions
minced beef oil and salt
baked

Nikuman:
flour garlic
onions steamed
pork

Empanada:
minced beef fried
flour and eggs baked
potatoes

2. Listening

Answer Key

- a. pork
- b. cooking method
- c. salt
- d. meat
- e. onions
- f. baked

3.1 Reading

Answer Key

- a. good source
- b. comes
- c. provide
- d. contain
- e. high

3.2 Reading

Answerkey

B

3.3 Reading

Answerkey

- A
- B
- E
- F
- G
- H
- J

3.4 Reading

Answer key

A

3.5 Reading

Answer key

B

4. Language for Asking and answering questions.

Answer key

- 4.1 match
- 1-b
- 2-a
- 3-c
- 4.2 Answer questions
- a. minced beef, flour and eggs and potatoes.
- b. minced beef and potatoes
- c. fried, baked
- 4.3 write questions and long answers about meat pie
- a. what are the ingredients of the meat beef?
The ingredients are ketchup, minced beef, onions, oil and salt.
- b. what is the cooking method?
The cooking method is baked.

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo o hija haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas que le permiten verificar el proceso de aprendizaje

- ¿Cuál fue la actividad que más te gustó y cuál fue la actividad que te pareció más difícil?
- ¿pudiste entender fácilmente las palabras del audio?
- ¿En qué crees, que te puedo colaborar para ayudarte a seguir mejorando en inglés?
- ¿Qué crees que puedes hacer para seguir mejorando tu habilidad de entender lo que alguien dice en inglés? - ¿Cuánto tiempo te tomó desarrollar toda la guía? –
- ¿Haz una pregunta sobre comida en inglés? ¿Qué recursos utilizaste?

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LINKS OF IMAGES

1. Ministerio de Educación Nacional (2016). Way to go! 6th Grade. Bogotá D.C. – Colombia. P. 60. Retrieved from www.colombiaaprende.edu.co/colombiabilingue.
2. Ministerio de Educación Nacional (2016). Way to go! 6th Grade. Bogotá D.C. – Colombia. P. 60. Retrieved from www.colombiaaprende.edu.co/colombiabilingue.
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4. Image retrieved from <https://pixabay.com/vectors/smiley-face-grin-smile-happy-icon-304270/> with a free for commercial use license.
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ANNEX WAY TO GO 8. PAGE 60

Unit » 2

Healthy Food Choices

» Objectives

- I can ask for and give information about eating habits.
- I can make suggestions about eating habits.
- I can ask for and give information about the ingredients of a dish.
- I can give information about the nutritional value and health benefits of food.

In Context » Nutrition and Health

1. **Read** » Look at the pictures relating to dishes from Australia, Japan and Colombia. Label the ingredients with the words in the Word Bank.

meat pie

'nikuman'

empanada

baked

garlic

fried

baked

Word Bank
 onions
 minced beef
 flour
 potatoes
 oil
 salt
 ketchup
 pork

2. **Listen** » Listen and complete the chart.

	Description
Nikuman 	It is healthy because it contains *____, a good source of protein.
Meat pie 	The *____ is healthy, but if you add too much ketchup, it is high in *____.
Empanada 	This empanada is filled with *____ and *____. It is better to eat it if it is *____, not fried.

3. **Write** »

Answer questions about the three dishes in exercise 1.

- What are the ingredients of the dish?
- What is it filled with?
- What is the cooking method?

The ingredients of nikuman are ...
 It is filled with ...
 The cooking method is ...

60
27



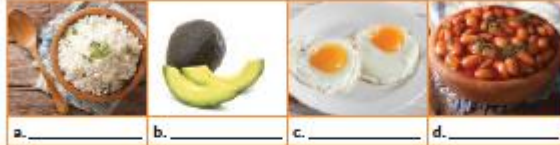
ANNEX WAY TO GO 8. PAGE 64

MODULE // 2 Unit // 2 Lesson // 2

5. **Speak »** Look at the ingredients of a famous Colombian dish. Match the photos with the words from the Word Bank. What dish is it? Which two ingredients are not shown in the photos?

Word Bank

avocado beans rice minced beef fried egg



6. **Read »** Complete the traveller's blog post using words from the Word Bank. Then, discuss the blogger's opinion about the dish with a partner. Do you agree?

Word Bank

comes good source contain high provide

64

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