



## "BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School \_\_\_\_\_

City \_\_\_\_\_

Teacher's name \_\_\_\_\_

Student's name \_\_\_\_\_

Grade \_\_\_\_\_

7th

Level \_\_\_\_\_

A1

### ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés para el trabajo en casa se preparó con el fin de ayudar a su hijo(a) a repasar vocabulario relacionado a los elementos de higiene personal y aprender la manera de enunciar los pasos necesarios para la práctica de un hábito de cuidado personal como, por ejemplo, lavarse las manos. Su hijo debe desarrollar la guía en 1 hora. El trabajo descrito se encuentra en la página 28 del libro del estudiante Way to Go 7 que se encuentra disponible en la plataforma Colombia Aprende y que se ha adicionado en la sección TEXTBOOK LINKS. Además, se adjuntó la página del libro al final de la guía para quienes no tienen acceso a internet.

-La Actividad 1 contiene 2 ejercicios de práctica de vocabulario en inglés sobre elementos de cuidado personal y hábitos de higiene.

-La Actividad 2 invita a revisar las palabras usadas para escribir instrucciones en inglés. Para esto, su hijo(a) debe remitirse al ejercicio 6 de la página 28 del libro del estudiante y contestar las preguntas.

-En la Actividad 3 el estudiante escribirá, de forma sencilla, instrucciones en inglés para realizar una actividad de cuidado personal.(ej. Lavarse las manos, cepillarse los dientes, peinarse). El ejercicio inicia con la lectura de un texto que habla de la higiene de Santiago en el cual debe completar con la correcta forma del verbo en presente simple, luego practicará la lectura y, finalmente, enviará un audio.

-La Actividad 4 contiene la autoevaluación de lo que su hijo(a) aprendió.

También se ofrecen ejemplos de las actividades, las respuestas correctas y los recursos adicionales de apoyo. Agradecemos su colaboración supervisando que su hijo(a) complete las actividades indicadas. Al final, ustedes encontrarán una serie de preguntas de verificación de lo que su hijo(a) aprendió mediante el desarrollo de esta guía.

### WELCOME TO THIS SELF-STUDY GUIDE

This English self- study guide helps you practice giving instructions in written form. All the activities are related to the top of personal care habits presented in Way to Go 7 workbook Module 1 Unit 2 Lesson 3.

It starts with some vocabulary revision activities. Then you have to answer some questions about the language used to write instructions( Imperatives and sequential linking words) and end up writing the instructions for a personal care habit.



Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Personal hygiene	Writing and pragmatic competence	Imperative, sequential linking word	Personal care habits	Giving instructions

### GET READY

<p><b>Study time needed:</b></p> <p><b>1.5 hours</b></p>	<p><b>Resources:</b> English dictionary, notebook, pencil, sheets of paper, PDF file of Way to Go Student Book 7.</p>	<p><b>Textbooks Links:</b> <i>Way to Go Student Book 7, Module 1 Unit 2 Lesson 3, page 28 Exercise 6</i> <a href="https://drive.google.com/file/d/1C_Ez_knz9NiFWocejZJ0_blrpp8O-uoF/view">https://drive.google.com/file/d/1C_Ez_knz9NiFWocejZJ0_blrpp8O-uoF/view</a></p> <p><i>Way to Go Workbook 7, Module 1 Unit 2 Lesson 3, page 9 Exercise 1</i></p>
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### LEARNING OBJECTIVES

### LEARNING STRATEGIES

*What will you learn/practice/reinforce with these activities?*

- To practice vocabulary related to personal hygiene.
- To write step- by -step instructions to carry on a personal care habit.

*What can you do to achieve the objectives?*

- Read the instructions for each task.
- Look at the examples given. They are underlined.
- Use a free dictionary app to listen to the pronunciation of new vocabulary.
- Use the dictionary only if absolutely necessary. Use your prior knowledge and try to infer the meaning you should not translate word by word.
- Write on your notebook any "new" learning points discovered.

### ACTIVITIES

#### 1. LANGUAGE TASKS - VOCABULARY ACTIVITIES: (30 minutes)

- a. Label the pictures with the corresponding words from the box below. Look at the example.

Toothpaste	Soap	Deodorant	Comb	Nail clippers
Shampoo	Hair brush	Toilet paper	Toothbrush	Towel



N\_\_\_\_\_



T\_\_\_\_\_



T\_\_\_\_\_



T\_\_\_\_\_



C\_\_\_\_



H\_\_\_\_\_



D\_\_\_\_\_



S\_\_\_\_



S\_\_\_\_\_



TOWEL

### PRONUNCIATION ACTIVITIES:

- In the following list of actions, look for the unknown words and, in a dictionary, look for the way to pronounce them?

#### Steps to wash your hands

**Wet** your hands and apply some soap to cover them.

**Rub** your hands together under the water.

**Use** your fingers and don't forget your wrists.

**Rinse** your hands with water.

**Dry** your hands with a clean towel.

Example:

Wet your hands and apply some soap to cover them. You look for the way to pronounce APPLY and SOAP

- Check the pronunciation of the previous underlined words in a digital dictionary and then try to repeat the pronunciation a few times.



**LANGUAGE AWARENESS:** (Grammar- Imperatives) 10 Minutes.

- c. Look at the following instructions and focus on the words used to determine the sequence of steps. Then, answer the following questions:

First, **wet** your hands with water and **apply** some soap to cover them.  
 Then, **rub** your hands together under the water.  
 Next, **use** your fingers and **don't forget** your wrists.  
 After that, **rinse** your hands with water.  
 Finally, **dry** your hands with a clean towel.

1. What's the first word in each step?

a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_ d. \_\_\_\_\_ e. \_\_\_\_\_

2. Write five verbs used to give instructions

\_\_\_\_\_  
\_\_\_\_\_

**2. WRITING ACTIVITIES:** (50 minutes)

- a. Choose a personal care habit E.g. wash your hands, brush your teeth, comb your hair, keep your nails short, etc. Then, write a list of maximum five steps with the instructions to do it. If it is necessary, use a dictionary.

Follow the example given

**EXAMPLE**

**Steps to wash your hands**

1. **Wet** your hands and apply some soap to cover them.
2. **Rub** your hands together under the water.
3. **Use** your fingers and don't forget your wrists.
4. **Rinse** your hands with water.
5. **Dry** your hands with a clean towel.

**NOW, IT IS YOUR TURN!**

**Steps to** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



**Note:** you can also use expressions from this box to show the order or sequence of the steps.

Sequence Linking Words
First...
Then...
Next...
After that...
Finally...

b. Look at the example of the improved instructions to wash your hands. Notice the actions in **bold** and italics and the sequence linking words underlined.

### EXAMPLE OF THE IMPROVEMENT OF THE INSTRUCTIONS ON HOW TO WASH YOUR HANDS

1. First, **wet** your hands with water and **apply** some soap to cover them.
2. Then, **rub** your hands together under the water.
3. Next, **use** your fingers and **don't forget** your wrists.
4. After that, **rinse** your hands with water.
5. Finally, **dry** your hands with a clean towel.

### NOW, IT IS YOUR TURN! IMPROVE YOUR INSTRUCTIONS!

Improve your instructions and write each step using the sequence linking words: first, then, next, after that, finally.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### 3. ASSESSMENT TASKS (time 10 minutes)

The following is a way for you to demonstrate how much you have learned

**Match the actions with the personal hygiene elements. Look at the example**

- |                          |  |
|--------------------------|--|
| 1. You use a nail file   | ___ a. to clean yourself after using the toilet          |
| 2. You use shampoo       | ___ b. to smell nice                                     |
| 3. You use toilet paper  | <u>1</u> c. to smooth and shape the ends of your nails   |
| 4. You use toothpaste    | ___ d. to wash your hair                                 |
| 5. You use the deodorant | ___ e. to tidy your hair                                 |
| 6. You use a comb        | ___ f. to put it onto a toothbrush and clean your teeth. |



## THIS IS THE END

Congratulations, you can do amazing things. Continue practicing the vocabulary about personal hygiene, and how to give instructions in English. You can check the useful resources as well. Finally, take care of yourself with simple but important hygiene habits.

## USEFUL RESOURCES

Online English spanish dictionary

-<https://dictionary.cambridge.org/es/diccionario/ingles-español>

Vocabulary about personal care elements

Way to Go Workbook 7 page 9 Exercise 1

<https://www.englishlearnsite.com/wp-content/uploads/2018/04/Personal-Care-Products.note>

## ANSWER KEY

1. a. Nail clippers, toothpaste, toilet paper, toothbrush, comb, hairbrush, soap, shampoo, deodorant  
b. Look at the dictionary. Using this link <https://www.macmillandictionary.com/learn/pragmatics/>  
c. 1 First, then, next, after that, finally 2. Wet, rub, use, rinse, dry
3. 3,5,1,2,5,4,

## ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo (a) haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas que le permiten verificar el proceso de aprendizaje.

-Cuál fue la actividad que más te gustó y cuál fue la actividad que te pareció más difícil.

-Enséñame como se dan instrucciones en inglés.

-Cuánto tiempo te tomó desarrollar toda la guía?

-Qué recursos usaste?

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