

## “BEYOND THE CLASSROOM” ENGLISH SELF-STUDY GUIDE

<b>School</b> _____	<b>City</b> _____
<b>Teacher's name</b> _____	
<b>Student's name</b> _____	
<b>Grade</b> _____	<b>Level</b> _____

### ORIENTACIONES PARA LOS PADRES DE FAMILIA

Apreciados padres de familia y/o acudientes.

Agradecemos su apoyo, colaboración y disposición durante este proceso de aprendizaje el cual pretende beneficiar a todos nuestros jóvenes. Sigo desempeñando mi labor con mucha dedicación y entrega. El diseño de esta guía está basado en el libro *Way to Go Student book 7*, Módulo 2, Unidad 1 páginas 50 y 51, y *Workbook* página 17. Para la realización de esta guía su hijo(a) desarrollará las siguientes actividades en 1 hora de la siguiente manera:

- Sección 1 (Vocabulario): En esta sección el estudiante identificará palabras relacionadas con sentimientos y emociones, y las relacionará con las imágenes y los sinónimos correspondientes.
- Sección 2 (Escucha): Ejercicio para identificar emociones y completar una entrevista con el sentimiento que hace falta. Además, para verificar si la información escuchada es verdadera o falsa.
- Sección 3 (Lenguaje): El estudiante a partir de los ejemplos dados y las estructuras revisadas, construirá oraciones en las que relacionará los sentimientos de los participantes de la entrevista con sus razones. También, completará las situaciones dadas con las emociones que él/ella experimenta frente a cada una.
- Sección 4 (Lectura): Su hijo(a) llevará a cabo un proceso de comprensión de lectura de un artículo en inglés sobre la rutina de un estudiante y las emociones que experimenta durante la realización de la misma. Finalmente, con base a esta información responderá algunas preguntas.
- Sección 5 (Autoevaluación): El estudiante evaluará su propio aprendizaje mediante las actividades que desarrolló.

Por medio del desarrollo de cada una de las actividades planteadas, el estudiante fortalecerá el vocabulario relacionado con sentimientos y emociones, y la estructura del presente simple en forma afirmativa para expresar cada uno de estos sentimientos.

Por otra parte, su hijo(a) tendrá la oportunidad de apoyarse con los ejemplos dados en cada actividad, recursos adicionales y las respuestas correctas de los ejercicios.

Es importante resaltar que el desarrollo de esta guía requiere de su supervisión y apoyo. Por esta razón, agradezco su colaboración verificando que su hijo(a) realice cada una de las actividades propuestas y formulando las preguntas que se encuentran al final en la sección ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA con el fin de verificar los aprendizajes que su hijo(a) alcanzó.

Agradezco inmensamente todo su apoyo!

### WELCOME TO THIS SELF-STUDY GUIDE

This English self-study wants to help you learn vocabulary about feelings and emotions and how to express them. The activities of this guide are connected to the reading in Way to Go Students Book 7 Module 2, Unit 1 (pages 50 and 51) and Wordbook (page 17). It starts with some vocabulary activities. After that, you have to listen an interview and complete some information about it. Then, you will discover how to express feelings according to the respective reasons and different situations. Finally, you will read an article, complete some information and answer several questions.

Topic	Skills	Grammar	Vocabulary	Function(s)
How do you feel?	Reading	Simple Present: affirmative form	Feelings and Emotions	Expressing feelings and emotions. Giving specific information using vocabulary related to feelings and emotions.

### GET READY

<b>Study time needed:</b> <b>1 hour</b>	<b>Resources:</b> English dictionary, notebook, pen, cellphone, WhatsApp, images, PDF file of Way to Go Student Book and Workbook 7.	<b>Textbooks Links:</b> - Way to Go Student Book 7 Pages 50 and 51 <a href="https://n9.cl/vc7h">https://n9.cl/vc7h</a> - "Audio material - track 20" - Way to Go Workbook 7 Page 17 <a href="https://n9.cl/zxny">https://n9.cl/zxny</a>
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### LEARNING OBJECTIVES

### LEARNING STRATEGIES

*What will you learn/practise/reinforce with these activities?*

- To identify the vocabulary related to different feelings and emotions.
- To use vocabulary related to feelings and emotions in real situations.
- To recognize specific information in a text.
- To describe how people feel according to the pictures.

*What can you do to achieve the objectives?*

- Read and pay attention to the instructions given
- Use pictures to make a glossary about the unknown words. Don't translate them.
- Look and follow the examples given in each exercise. They are in italics and highlighted in red.
- Use your previous knowledge and try to understand the meaning of words.
- Use the dictionary if it is necessary.

### ACTIVITIES

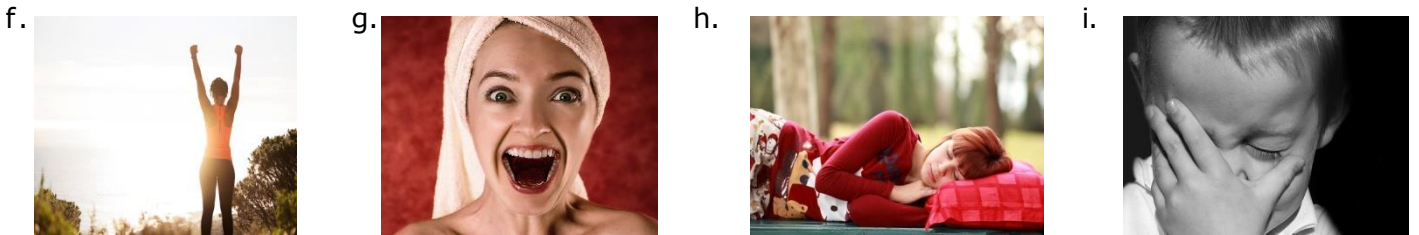
#### 1. VOCABULARY TASKS (15 minutes)

- a. Look at the pictures related to feelings and emotions. Write the name of each one. Use the Word

**-Angry -Sleepy -Scared -Disappointed -Tired -Excited -Hungry -Motivated -Bored**



**Angry**



Pictures taken from <https://pixabay.com/es/>

c. Match each feeling or emotion with the respective synonym. Pay attention to the example given. Use the dictionary if you consider necessary.

**a. Happy:**

- b. Scared:
- c. Tired:
- d. Hungry:
- e. Angry:
- f. Disappointed:

- 1. \_\_\_\_ Starving
- 2. \_\_\_\_ Disillusioned
- 3. \_\_\_\_ Afraid
- 4. **a Delighted**
- 5. \_\_\_\_ Exhausted
- 6. \_\_\_\_ Annoyed

**2. LISTENING TASK** (15 minutes)

a. Listen to an interview to some sports contestants. Complete what the speakers say (1-4) with the words in the box. Follow the example given.

tired motivated excited scared

Good morning, everybody! Today is a very exciting day! The National Interscholastic Games are starting, and we have contestants from all over the country!



**motivated**

Welcome, contestants! How are you feeling right now?

I'm feeling really <sup>1</sup>...! My soccer team is the best, and we're here to win!



I'm <sup>3</sup>... The journey here was long, and I need to rest before the match.



I'm really <sup>2</sup>... I know we're good volleyball players, but there are some excellent players in the other teams.



I'm very <sup>4</sup>...! There are some wonderful people here, and everything is so cool!

a. Listen again to the previous interview and circle true (T) or false (F) for each statement. Follow the example given.

- a. Today is a very exciting day. T
- b. Angie feels really motivated. \_\_\_\_
- b. Jefferson is really motivated. \_\_\_\_
- d. Jefferson is a volleyball player. \_\_\_\_
- e. Cesar and his team need to rest after the match. \_\_\_\_
- f. Diana is very delighted. \_\_\_\_

c. Complete the sentences with the correct adjective. Then find the adjectives in the Word-search. The first one is an example.

1. I'm tired because we had a hard training session this morning.
2. Peter is really m\_\_\_\_\_ t\_\_ to try his hardest in the tennis match.
3. Maria is x\_\_\_\_\_ d to be playing her first game on the basketball team.
4. I'm a little c\_\_\_ e\_. Today, we are playing the best team in the contest.
5. Nubia is n\_\_\_ y because she didn't score a goal this time.
6. The Redsocks football team is really h\_\_\_ p\_. They won the championship!
7. The New Jersey Cats are s\_\_\_\_\_ n\_\_\_\_. They lost the game!
8. Jaime and Tim are b\_\_\_ e because it is raining and the game has been postponed.
9. She is d\_\_\_ g\_\_\_\_\_ because she won her volleyball game.

W	Q	W	D	A	S	D	Y	O	G
C	M	D	E	B	O	R	E	D	C
X	B	E	T	D	D	F	E	F	D
<b>T</b>	K	T	N	E	E	H	X	I	V
I	V	H	I	T	R	A	Y	F	S
R	W	G	O	A	A	P	O	J	I
E	G	I	P	V	C	P	T	J	V
<b>D</b>	Y	L	P	I	S	Y	Y	F	X
U	Z	E	A	T	Y	R	G	N	A
I	H	D	S	O	Z	S	L	C	K
O	A	Z	I	M	W	V	H	Q	P
V	F	H	D	E	T	I	C	X	E

Picture taken from Way to Go 7 Workbook Page 17

**3. LANGUAGE TASKS** (15 minutes)

a. Based on the previous interview, match the people with their feelings and the causes of their feelings. Write complete sentences. Look at the example given.

- |              |              |   |
|--------------|--------------|---|
| 1. Diana     | a. scared    | A: he has a long journey after his competitions.  |
| 2. Jefferson | b. motivated | B: she knows her soccer team is going to win.     |
| 3. Angie     | c. tired     | C. there are other good teams in the competition. |
| 4. César     | d. excited   | D. she meets new people                           |

1. Example: *Diana feels excited when she meets new people.*

2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

b. Complete the following sentences describing the feeling depending on each situation. Follow the example given.

1. *I feel scared before I watch a horror movie*
2. I feel \_\_\_\_\_, before I eat breakfast.
3. I feel \_\_\_\_\_, after I finish school.
4. I feel \_\_\_\_\_, during the morning break.
5. I feel \_\_\_\_\_, before I go to bed.

c. According to the examples given in the section "Writing Tasks" (a. *Diana feels excited when she meets new people* and b. *I feel scared before I watch a horror movie*) answer the following questions.

- a. What is the first verb in sentence a? \_\_\_\_\_
- b. What letter does add to the infinitive form of "like" in sentence a? \_\_\_\_\_
- c. What is the first verb in sentence b? \_\_\_\_\_
- d. Is the verb "to be" in some of the previous sentences? \_\_\_\_\_ Write some examples: \_\_\_\_\_
- e. Are the previous sentences written in present or past? \_\_\_\_\_
- f. Do I modify the verb "Watch" after the subject I? Yes \_\_\_\_\_ No \_\_\_\_\_ Why? \_\_\_\_\_

**5. READING TASKS** (15 minutes)



a. Read the article and complete the table. Pay attention to the example given.

**A Day in the Life of ...**

Hello, everyone! My name's César and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!

Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy! At 6 o'clock I have breakfast, then, I ride my bike to school and at 7 o'clock I start classes! After school, I'm really tired, so I have a rest. But in the afternoon, around 3 o'clock I feel more motivated and ready to study, so I do my homework 😊. I usually finish my homework about 5 o'clock, and because I'm usually still feeling energetic, I go to basketball practice with my school team. I love playing basketball, but I'm disappointed if we lose; but then I go for a walk and I always feel better!

When	How he feels	What he does
5 a.m.	<i>He feels happy</i>	<i>He does chores for his mom</i>
After school		
3 p.m.		
After 5 p.m.		
Lose a match		

- Where is César from? *He is from Valledupar*
- How is the weather in Valledupar? \_\_\_\_\_
- What time does César wake up? \_\_\_\_\_
- What sport does César practice? \_\_\_\_\_

## 6. SELF-ASSESSMENT TASK

Put a tick (✓) in front of the option that shows what you can do.

After doing all the activities of this self-study guide, I can ....	<b>Excellent</b>	<b>Good</b>	<b>I need to improve</b>
identify vocabulary related to feelings and emotions.			
listen to basic interviews and complete some information using feelings and emotions vocabulary.			
express feelings and emotions according to different situations.			
identify specific information in an article.			

### THIS IS THE END

Congratulations! You have done an excellent job! Now you can express your feelings and emotions and your respective reasons, and you can ask people about how they feel. You read an article and used the information of it to develop reading comprehension exercises. You showed an excellent performance.

### USEFUL RESOURCES

- Online WordReference dictionary  
<https://www.wordreference.com/es/>  
 For further practice about feelings and emotions.
- <https://learnenglishkids.britishcouncil.org/word-games/emotions-and-feelings-1>
- <https://agendaweb.org/exercises/vocabulary/feelings/emotions-1.htm>
- <https://www.mes-games.com/feelings.php>



### ANSWER KEY

#### 1. VOCABULARY TASKS

- a. a. angry b. tired c. bored d. hungry e. scared f. motivated g. excited h. sleepy i. disappointed  
 b. a - 4, b - 3, c - 5, d - 1, e - 6, f - 2

#### 2. LISTENING TASKS

- a. 1. Motivated 2. Scared 3. Tired 4. Excited  
 b. a. T b. T c. F d. T e. F d. F

#### 3. WRITING TASKS

- a. 1. Diana is excited because she likes meeting new people.  
 2. Jefferson is scared because there are other good teams in the competition.  
 3. Angie is motivated because she knows her soccer team is going to win.  
 4. César is tired because he had a long journey to get to the competition today.

#### 4. LANGUAGE TASKS

- a. is b. s c. am d. Yes Examples: is, am e. Present f. No.

#### 5. READING TASKS

a.

When	How he feels	What he does
5 a.m	He feels happy	He does chores for his mom
After school	He feels tired	He has a rest
3 p.m	He feels motivated	He does his homework
After 5 p.m	He feels energetic	He goes basketball practice
Lose a match	He feels disappointed	He goes for a walk

- b. 1. Tired 2. Motivated 3. Excited 4. Scared 5. Angry 6. Happy 7. Disappointed 8. Bored  
 9. Delighted

### ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Señor Padre de Familia: Cuando su hijo(a) haya terminado con el desarrollo de esta guía, por favor hágale las siguientes preguntas con el fin de verificar el nivel del proceso de aprendizaje.

- ¿Cuál era el tema de la guía?
- ¿Cuál fue la actividad que más te gustó?
- ¿Pudiste usar el vocabulario de sentimientos y emociones para expresar cómo te sientes hoy?
- ¿Puedes enseñarme algunas emociones para luego decirte cómo me siento hoy?
- ¿Cuánto tiempo gastaste en desarrollar toda la guía?
- ¿Qué recursos utilizaste para realizar la guía?

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### APPENDIX 1

tired motivated excited scared

Good morning, everybody!  
Today is a very exciting day! The National Interscholastic Games are starting, and we have contestants from all over the country!



I'm feeling really <sup>1</sup>...! My soccer team is the best, and we're here to win!



I'm <sup>3</sup>... The journey here was long, and I need to rest before the match.



Welcome, contestants!  
How are you feeling right now?



I'm really <sup>2</sup>... I know we're good volleyball players, but there are some excellent players in the other teams.

I'm very <sup>4</sup>...!  
There are some wonderful people here, and everything is so cool!

Adapted from Way to Go Student Book 7, page 50



### APPENDIX 2

#### A Day in the Life of ...

Hello, everyone! My name's César and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!



Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy!

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When	How he feels	What he does
5 a.m.		
After school		
3 p.m.		
After 5 p.m.		
Lose a match		

Adapted from Way to Go Student Book 7, page 51

### APPENDIX 3

1. I'm **tired** because we had a hard training session this morning.
2. Peter is really **m**\_\_\_\_\_ **t**\_\_ to try his hardest in the tennis match.
3. Maria is **x**\_\_\_\_\_ **d** to be playing her first game on the basketball team.
4. I'm a little **c**\_\_**e**\_. Today, we are playing the best team in the contest.
5. Nubia is **n**\_\_**y** because she didn't score a goal this time.
6. The Redsocks football team is really **h**\_\_**p**\_. They won the championship!
7. The New Jersey Cats are **s**\_\_\_\_\_ **n**\_\_\_\_\_. They lost the game!
8. Jaime and Tim are **b**\_\_**e**\_ because it is raining and the game has been postponed.
9. She is **d**\_\_**g**\_\_\_\_\_ because she won her volleyball game.

W	Q	W	D	A	S	D	Y	O	G
C	M	D	E	B	O	R	E	D	C
X	B	E	T	D	D	F	E	F	D
<b>T</b>	K	T	N	E	E	H	X	I	V
<b>I</b>	V	H	I	T	R	A	Y	F	S
<b>R</b>	W	G	O	A	A	P	O	J	I
<b>E</b>	G	I	P	V	C	P	T	J	V
<b>D</b>	Y	L	P	I	S	Y	Y	F	X
U	Z	E	A	T	Y	R	G	N	A
I	H	D	S	O	Z	S	L	C	K
O	A	Z	I	M	W	V	H	Q	P
V	F	H	D	E	T	I	C	X	E

Adapted from Way to Go 7 Workbook Page 17