

"BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School	City
<hr/>	
Teacher's name	
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Student's name	
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Grade	Level
7th	A1
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ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés para el trabajo en casa se preparó con el fin de ayudar a su hijo o hija a repasar vocabulario relacionado con los sentimientos y las emociones y a aprender a expresar su estado anímico y explicar la razón de éste. Su hijo(a) deberá dedicar setenta minutos para desarrollar toda la guía. El trabajo aquí descrito se relaciona con las páginas 50 y 51 del libro del estudiante Way to Go 7, que está disponible en la plataforma Colombia Aprende. Se adjuntó las páginas del libro al final de la guía para quienes no tienen acceso a internet.

- La actividad 1 es un ejercicio de identificación del vocabulario en inglés sobre los sentimientos y emociones.
- La actividad 2 se trata de completar un cuadro con información específica encontrada en el ejercicio 4 de la página 51.
- La actividad 3 invita a analizar las palabras usadas para describir los sentimientos y emociones. Para esto, su hijo(a) debe referirse al ejercicio 2 de la página 50 del libro del estudiante y contestar unas preguntas.
- La actividad 4 motiva a expresar los sentimientos y emociones en determinados momentos del día.
- La actividad 5 es un ejercicio de escucha, que pone a prueba el conocimiento del vocabulario practicado en la actividad 1 y donde su hijo(a) debe responder unas preguntas.

Además, se ofrecen ejemplos de las actividades resaltados en color amarillo, las respuestas correctas y recursos adicionales de apoyo. Agradecemos su colaboración supervisando que su hijo(a) complete las actividades indicadas.

WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you identify, read, write and understand feelings and emotions in the immediate environment. All the activities are related to the topic of feelings and emotions in Way to Go Student Book 7 Module 2 Unit 1 Lesson 1. It starts with a vocabulary revision activity. Then, you have to find specific information in an article, answer some questions about the language used to express feelings and emotions (conditional sentences using "because") and end up writing about your own feelings and answering some questions from a listening activity.

Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Feelings and emotions descriptions.	Reading, Listening and writing	Present simple, expressing reason: "because"	Feelings and emotions	Express feelings and emotions.



GET READY

Study time needed:
70 minutes

Resources:

English dictionary, notebook, pencil, PDF file of Way to Go Students Book 7. Computer or cell phone to access the listening track.

Textbooks Links:

- Way to Go Student Book 7, page 50 Exercises 1 and 2 and page 51 exercise 4.
<http://aprende.colombiaaprende.edu.co/es/node/94010>
- Track 20 page 50 exercise 1:
https://drive.google.com/file/d/1oEOk1Pv4LSf2PeZlb6i_JKA0OPqv5IIN/view?usp=sharing

LEARNING OBJECTIVES

What will you learn/practise/reinforce with these activities?

- To practise vocabulary related to feelings and emotions.
- To organize information in a chart about a daily routine describing feelings and emotions.
- To write sentences expressing how he/she feels in specific situations.
- Identifying people's feeling and emotions in an audio.

LEARNING STRATEGIES

What can you do to achieve the objectives?

- Use pictures to help you remember the words more easily and avoid translating them into Spanish.
- Focus on specific words as you read.
- Write down important ideas as you prepare to write.
- Assess how well you have done by writing on your notebook any new learning points discovered.
- Before you listen the audio read the questions carefully and identify the important words
- When you listen to the people, pay extra attention to their intonation. This will help you to understand how they are feeling.

ACTIVITIES

1. VOCABULARY TASKS (10 minutes)

Match the pictures to the adjectives in the box. Follow the examples given.

Tired, motivated, excited, scared, angry, happy, sad, bored, delighted, disappointed, sleepy, energetic.



1. s a d



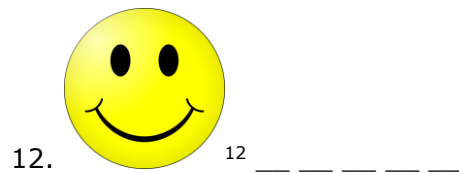
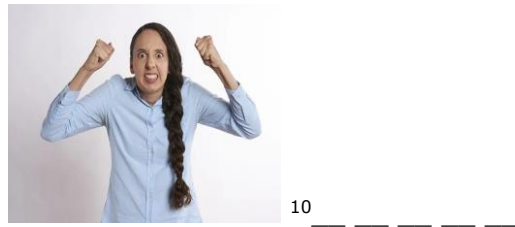
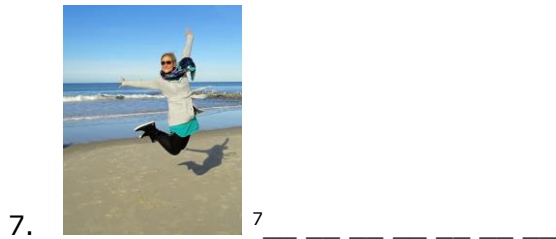
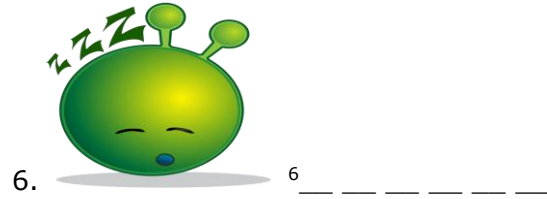
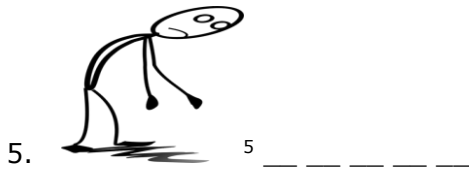
2. _____



3. _____



4. _____



2. READING TASK (15 minutes)

Read the article titled "A Day in the life of..." on page 51 and complete the chart. Follow the example given:

When	How he feels	What he does
5 a.m.	sleepy/ tired	He does chores for his mum.
After school		
3 p.m.		
After 5 p.m.		
Lose a match		



3. **Post Reading** (10 minutes)

Now, it is time for you to express your own feelings. Answer the following questions.

1. How do you feel before you eat breakfast?
Before I eat breakfast I feel... _____
2. How do you feel when you do not go out?
When I do not go out I feel... _____
3. How do you feel after you have lunch?
After I have lunch I feel... _____
4. How do you feel before you go to bed?
Before I go to bed I feel ... _____

4. **LANGUAGE TO EXPRESS REASONS** (15 minutes)

- a. Open your "Way to Go Student Book" on page 50, exercise 2.
- b. This exercise describes the way people feel about something. Read it and answer:
What words from exercise 1 are mentioned here?
_____, _____, _____ and _____.
- c. Look at the exercise again, and notice the word used to connect the feeling or emotion with its reason.
 1. What word is it?

 2. What word is missing to make a full sentence? (hint: It goes after people's names).

 3. The word "because" is followed by a _____ + _____ .
 4. Choose the correct option.
because clause tends to go **before /after** the main clause.
- d. Write complete sentences matching the people from the exercise to the feelings and their reasons. Follow the example given:

1. Diana is excited **because** she likes meeting new people.
2. _____ .
3. _____ .
4. _____ .

- e. How do you and or your family feel today? Make some notes in your notebook using *because* and the vocabulary from exercise 1.

Example: **I'm tired because I played soccer;**

- a. _____
- b. _____
- c. _____



5. LISTENING TASK (10 minutes)

1. Listen to an interview with some sports contestants and answer the questions.

- a. What is the purpose of the interview?
To know the contestants' feelings and emotions before the National Interscholastic Games.
- b. What is the topic of the interview?

- c. What does the interviewer love about the competitors?

2. Listen to the interview again and fill the gaps.

- a. Angie is a **soccer** player.
- b. Jefferson is feeling _____ because the other teams have excellent players.
- c. Jefferson is a _____ player.
- d. Cesar needs to _____ because the bus journey was long.




2. Post listening

Do you play or practice any sport? _____

How do you feel when you feel or practice? _____

6. EVALUATE YOUR WORK (10 minutes)

Tick the description that best describe your progress.

Check progress! your	 13	 14	 15	Discuss with your parents, then answer the questions below
	Very well	Quite well	With difficulty	
I can express how I feel.				How do you feel when your best friend calls you? _____ How do you feel when your favourite team loses an important match? _____
I can identify feeling and emotions vocabulary.				How many new words did you learn? _____

THIS IS THE END

Sensational, You've got it made! Continue using the vocabulary about feelings and emotions in your daily life and giving reasons for them. You can check the useful resources as well. Finally, take good care of yourself and express your emotions in a healthy way.



USEFUL RESOURCES

Online English Spanish dictionary

- <https://dictionary.cambridge.org/us/dictionary/english-spanish/>

Vocabulary about feelings and emotions

- [Way to Go Workbook 7 page 17 Exercises 1 and 2](#)
- <http://learnenglishkids.britishcouncil.org/word-games/emotions-and-feelings-1>
- <http://learnenglishkids.britishcouncil.org/word-games/emotions-and-feelings-2>

Grammar - conditional sentences using "because"

- <https://dictionary.cambridge.org/us/grammar/british-grammar/because-because-of-and-cos-cos-of>

Simple Present Tense

- <https://learnenglish.britishcouncil.org/english-grammar-reference/present-simple>

ANSWER KEY

1. Vocabulary task

1. Sad, 2. Energetic, 3. Bored, 4. Disappointed, 5. Tired, 6. Sleepy, 7. Excited, 8. Motivated, 9. Scared, 10. Angry, 11. Delighted, 12. Happy.

2. Reading Task

5 a.m. /sleepy, tired / He does chores for his mum.

After school / tired /he has a rest.

3 p.m./ motivated/ He does his homework.

After 5 p.m./ energetic / He plays basketball.

Lose a match/ disappointed / He goes for a walk.

3. Post Reading

Students' own answers.

4. Language to Express Reasons

b. scared, motivated, tired and excited.

c. 1. because.

2. is

3. subject + verb

4. after

d. 1. Diana is excited because she likes meeting new people.

2. Jefferson is scared because there are other good teams in the competition.

3. Angie is motivated because her team is going to win.

4. Cesar is tired because he had a long journey.

e. Students' own answers.

5. Listening task

1.

a. To know the contestants' feelings and emotions before the National interscholastic Games.

b. The National Interscholastic Games.

c. Their positive attitude.

2.

a. Soccer / b. Scared / c. volleyball / d. rest

Post listening. Students' own answer.



ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo o hija haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas que le permiten verificar el proceso de aprendizaje

- ¿Cuál fue la actividad que más te gustó y cuál fue la actividad que te pareció más difícil?
- Enséñame cómo se expresan en inglés algunas emociones y sentimientos que aprendiste.
- Qué crees que puedes hacer para seguir mejorando tu habilidad de entender lo que alguien dice en inglés.
- ¿Cuánto tiempo te tomó desarrollar toda la guía?
- ¿Qué recursos utilizaste?

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Way to Go Student Book 7, page 50, exercises 1 and 2

In Context » On Your Marks!

20

1. Listen »

Listen to an interview with some sports contestants. Complete what the speakers say (1-4) with the words in the box.

tired motivated excited scared

Good morning, everybody!
Today is a very exciting day! The National Inter-scholastic Games are starting, and we have contestants from all over the country!



I'm feeling really ¹! My soccer team is the best, and we're here to win!



I'm ²... The journey here was long, and I need to rest before the match.



Welcome, contestants! How are you feeling right now?



I'm really ³... I know we're good volleyball players, but there are some excellent players in the other teams.

I'm very ⁴! There are some wonderful people here, and everything is so cool!

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2. Write »

Match the people (1-4) to the adjectives (a-d) and reasons (A-D). Write complete sentences.

Angie is feeling **motivated** because she knows her team is going to win.

Example:

Diana is excited because she likes meeting new people.

- 1. Diana a. scared
- 2. Jefferson b. motivated
- 3. Angie c. tired
- 4. César d. excited

because

- A: he had a long journey to get to the competition today.
- B: she knows her soccer team is going to win.
- C: there are other good teams in the competition.
- D: she likes meeting new people.



Way to Go Student Book 7, page 51, exercise 4

module 2 // Unit 1

3. **Speak** Look at the pictures. Work with a partner and say how the players are feeling. Use some of the words in the box to help you.

angry happy sad bored delighted disappointed

Hooray! We won!

I don't believe it! We're losing the match!

We're a wonderful team! Great work!



Oh, no! The other team scored a goal!

They're feeling happy because ...
He/She is disappointed because ...



Study Tip

Synonyms are words that mean the same, for example, *delighted* and *happy*. Use a synonym if you don't remember a specific word.

4. **Read** Read the article and complete the table.

A Day in the Life of ...

Hello, everyone! My name's César and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!

Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy! At 6 o'clock I have breakfast, then, I ride my bike to school and at 7 o'clock I start classes! After school, I'm really tired, so I have a rest. But in the afternoon, around 3 o'clock I feel more motivated and ready to study, so I do my homework ☺. I usually finish my homework about 5 o'clock, and because I'm usually still feeling energetic, I go to basketball practice with my school team. I love playing basketball, but I'm disappointed if we lose; but then I go for a walk and I always feel better!



When	How he feels	What he does
5 a.m.		
After school		
3 p.m.		
After 5 p.m.		
Lose a match		