

"BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School _____ **City** _____

Teacher's name _____

Student's name _____

Grade _____ **6th** _____ **Level** _____ **A1** _____

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés para el trabajo en casa. Se preparó con el fin de ayudar a tu hijo(a) a practicar dando y recibiendo instrucciones habladas sobre un hábito de cuidado personal. Tu hijo(a) deberá dedicar una hora y treinta minutos para desarrollar toda la guía. Esta guía le ayudará a comprender mejor las rutinas saludables en su vida diaria. Se desarrolla la guía con las actividades planteadas en el *Way to Go Student Book 6, página 70 Ejercicio 2-3, Way to Go Workbook 6 página 25 Ejercicio 1-2 y Way to Go Workbook 6 página 27.*

Actividad 1: Esta actividad trabaja vocabulario de rutinas diarias, rellenar los espacios en blanco con las palabras adecuadas y completar el cuadro con la información necesaria.

Actividad 2: Invita a tu hijo a leer la rutina que se presenta y responder las preguntas seleccionando la respuesta adecuada.

Actividad 3: Tu hijo(a) escribirá su una rutina diaria en inglés, utilizando conectores y adverbios de frecuencia.

Actividad 4: Permite que tu hijo auto evalúe lo aprendido completando una lista de verificación de las cosas que puede hacer en inglés.

Agradecemos tu colaboración en este nuevo proceso de enseñanza-aprendizaje, espero sea de ayuda para mejorar en las habilidades del uso del inglés de tu hijo.

WELCOME TO THIS SELF-STUDY GUIDE

Dear student, this English self-study guide helps you recognise some vocabulary about healthy routines and the language necessary to express them. You will find three main activities related to the topic of personal **health care routine** presented in **Way to Go Student Book 6 Module 3 Unit 2 Lesson 1, Way to Go Workbook 6 page 25 Exercise 1-2, and Way to Go Workbook 6 page 27.**

It starts with some health care routines vocabulary matching words, as well as, complete paragraphs and complete a chart. After that, you have to read a short paragraph and match the image and answer the questions about Roberto's routine. Finally, you are going to write and speak about your healthy daily routines using the vocabulary and language function learnt in this guide.

Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Healthy routines.	Writing, reading, and speaking	Adverbs of frequency; Prepositions of time. Simple present tense	Adverbs of Frequency, sequence linking words, daily routine verbs.	<ul style="list-style-type: none"> Describe habits and personal care routine. Exchange personal information about daily activities.



GET READY

Study time needed: 1,5 hour	Resources: cellphone, dictionary, notebook, pen, eraser, highlighter, and color pencils.	Textbooks Links: - Way to Go Student Book 6, page 70 Exercise 2-3-6 https://drive.google.com/file/d/1sroHuDVqB3YpL6ztL5hn3ViweAmR5oc6/view - Way to Go Workbook 6 page 25 Exercise 1-2 (Extra points: page 26 Exercise 1-2: +5) https://drive.google.com/file/d/1GEKZV3GV0vf6cfhQgyE_4T41v3rwzb4V/view
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LEARNING OBJECTIVES

What will you learn /practise /reinforce with these activities?

- To improve inferential reading skills.
- To manage and describe habits and personal care routines.
- To present personal information about daily activities.

LEARNING STRATEGIES

What can you do to achieve the objectives?

- Read carefully all the instructions for each task.
- Use your prior knowledge and try to infer the meaning. You should not translate word by word. Use your dictionary only if absolutely necessary.
- Relate words and visuals.
- Keep the words you want to learn in a small notebook with an example sentence.
- Repeat the pronunciation of the words a few times. It can help you feel more comfortable to use them.

ACTIVITIES

1. VOCABULARY TASKS (20 minutes)

a. Check these healthy daily routines and write the letter that corresponds to each picture¹.

- | | | | |
|-------------------|--------------------------------|----------------|----------------------|
| a. Drink water | b. brush teeth | c. do exercise | d. cook healthy food |
| e. comb your hair | f. spend time with your family | g. sleep well | |



- 1 (**D**) 2 () 3 () 4 () 5 () 6 () 7 ()

b. Read the text carefully and choose the correct words to fill in the gaps. Use the vocabulary in the exercise before.

Every day in the morning, I always get up very early, then, I brush my teeth. After that, I get dressed and _____ hair and have breakfast. For breakfast, I usually have scramble eggs, toast and orange juice. Later, I go to school from 7:30.a.m to 1:00 p.m. Then, I go home and _____ my _____ in the afternoon. After that, I sometimes _____ for my body and mind. Before dinner, I always _____ to be well hydrated, Later, at night I _____ for dinner. Finally, I brush my teeth and _____.

¹ Adapted from Way to Go 6- Student Book page 70.

c. With the words listed before. Write the activities on the chart to show when you do them.

In the morning	In the afternoon	At night
Brush my teeth		Brush my teeth

READING TASKS (20 Minutes)

a. Read the following paragraph about Roberto's Routine² and write T / F for the following sentences.

Roberto is twelve years old. First, he normally wakes up at 5:30 am. He always takes a shower and has breakfast. He eats eggs, cheese and chocolate milk and fruit. Then, he always brushes his teeth. After, he goes to school at 6:30 am. Later, he has lunch at school. Next, he has some snacks, such as peanuts and fruit. Roberto comes home at 1:00 pm. Then, he usually makes a Ceasar Salad. He does exercise three times in the week. Sometimes, he plays football on Saturday. Finally, at the weekend, he always eats salmon and vegetables for dinner.

- Roberto wakes up very early. ()
- He brushes his teeth after breakfast. ()
- He plays tennis at the weekend. ()
- He eats vegetables and fish on Friday ()

b. Answer the following questions about his routine.

- Which healthy routines does Roberto have? _____
- Which healthy food does Roberto eat? _____

WRITING AND SPEAKING TASKS (30 minutes)

Describe your routine using the vocabulary about **healthy routines** and the information in these language boxes³.

- Write 6 sentences describing your daily routines.
- Now, take the sentences and use the connectors to make a paragraph.
- Check for grammar, spelling and pronunciation.
- Read your routine aloud. Practice for correct pronunciation.
- Record an audio introducing yourself and your daily routine activities. Then, send it by WhatsApp or email to your teacher.

LINK WORDS

Grammar Box
Adverbs of Frequency

We express the frequency of our actions with expressions like *always, sometimes, hardly ever* and *never*. These expressions are called adverbs of frequency and they have an invariable position in the sentence.

Person	Adverb of frequency	Action
I	always	drink water in the mornings.
She	sometimes	reads books.




² Adapted from Workbook pag.27.

³ Taken from WTG 6- Teacher's guide. Page 73.



ASSESSMENT TASK (10 minutes)

Tick (✓) to confirm what you can do after you complete this guide:

Now I can...	Excellent 	Good 	I need some help 
- recognise vocabulary about habits and personal care routines.			
- describe my daily healthy routine.			
- use connectors to express my ideas.			
- talk about my healthy routine.			

THIS IS THE END

Great! You did an **EXCELLENT job!** Congrats, we can see your advance and the good things you can do! You have learned how to describe habits and personal care routines and exchange personal information about daily activities. Well done job!

I hope you keep rocking as usual. See you next time to enjoy the universe of **LEARNING**.

Remember: "Sometimes later becomes never. Do it now"

USEFUL RESOURCES

List with Sequence link words:

<http://englishanexalugo.blogspot.com/2017/09/home-page.html>

How to use sequencer in English:

<https://www.youtube.com/watch?v=sFrHK7cHzkA>

Merriam Webster Dictionary (pronunciation and meaning):

<https://www.merriam-webster.com/>



ANSWER KEY

Vocabulary tasks

- a. 1- D 2- A 3- B 4- E 5- F 6- C 7-G
- b. 1. Brush my teeth 2. Comb my hair 3. Spend time with my family 4. Do exercise 5. Drink water
6. Cook healthy food 7. Sleep well.
- c. In the morning: brush teeth, comb hair, drink water.
In the afternoon: spend time with my family, do exercise
In the evening: cook healthy food, sleep well.

Reading tasks

- a. 1. T 2. T 3. F 4.F
- b. 1. He takes a shower, brushes his teeth, has breakfast every day. He does exercise three times a week and he eats fruit and vegetables.
2. He eats cheese, eggs, fruit, vegetables, salad and salmon.

Speaking and writing tasks.

a-b Sample answer

Hello, my name is... I always wake up at 5:00 a.m. I first brush my teeth, then I have breakfast and I go to school, then I finish school and next I go home, I have lunch with my family, in the afternoon I exercise, then I cook dinner, after that I watch t.v. and finally I go to bed.

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Después de finalizada las actividades de esta guía, por favor hazle las siguientes preguntas a tu hijo con el fin de verificar su proceso de aprendizaje:

- ¿Cuál de todas las actividades de esta guía te gustó más y cuál fue la que te pareció más difícil de realizar?
- Enséñame la pronunciación en inglés de algunas acciones de la rutina diaria personal que aprendiste.
- ¿Sentiste apoyo constante por parte del docente de inglés para el desarrollo de esta guía?
- ¿Cuánto tiempo te tomó desarrollar toda la guía?
- ¿Qué recursos utilizaste para hacer el trabajo de la guía?

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