



"BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

School

City

Teacher's name

Student's name

Grade

10th

Level

A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Estimados padres de familia / acudientes:

Esta guía de aprendizaje de inglés para trabajo en casa está diseñada para complementar la práctica del vocabulario relacionado con deportes, pasatiempos, y actividades de ocio combinados con el verbo "can" para expresar habilidades y posibilidades en el tiempo presente. Las actividades propuestas en esta guía se basan en el libro del estudiante *English, Please! 2*, página 12, ejercicio 11 el cual está disponible en la plataforma de Colombia Aprende. Al final de esta guía se adjunta dicha página en caso de no tener acceso a internet. Se espera que su hijo (a) dedique alrededor de 1 hora y 20 minutos para desarrollar las siguientes actividades:

- ✓ **Actividad 1:** Buscar palabras en la sopa de letras y relacionarlas con las imágenes.
- ✓ **Actividad 2:** Leer el texto y responder las preguntas de comprensión propuestas.
- ✓ **Actividad 3:** Seleccionar la opción correcta de acuerdo al enunciado para descubrir los usos y la estructura del verbo "can".
- ✓ **Actividad 4:** Construir un texto corto sobre las actividades que su hijo/hija pueden hacer empleando el vocabulario practicado en los ejercicios anteriores y el verbo "can". Luego, escribir un texto corto sobre las actividades que su mejor amigo/a puede realizar.
- ✓ **Actividad 5:** Realizar una auto-evaluación para verificar la comprensión del tema practicado en la guía.

Además, se ofrecen ejemplos de las respuestas en cada una de las actividades, y recursos adicionales de apoyo para tener práctica extra de los temas trabajados en esta guía. Agradecemos su colaboración supervisando que su hijo/hija complete las actividades indicadas. Al final, encontrarán una serie de preguntas de verificación de lo que su hijo (a) aprendió mediante el desarrollo de esta guía.

iManos a la Obra!



WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you practise vocabulary related to sports, hobbies and leisure activities as well as the uses of the verb “can” to express abilities and possibilities. All the activities are based on the *English, Please!* Student’s Book 2 Lesson 1 page 12. It starts with an activity to review vocabulary. Then, you will answer some reading comprehension questions and analyse the uses and structure of the verb “can”, and end up writing about your abilities related to sports, hobbies and leisure activities and those of your best friend.

Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Sports and hobbies	Reading Writing	Can	Sports, Hobbies and Leisure activities	Expressing abilities about your favorite sport, hobby or leisure activity

GET READY

Study time needed: 1 hour 20 minutes	Resources: <i>English dictionary, notebook, pencil, mobile phone video camera, PDF file of English, Please! Student’s Book 10.</i>	Textbooks Links: <i>-English Please Student’s Book 10, page 12 - exercise 11.</i>
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LEARNING OBJECTIVES

What will you learn/practise/reinforce with these activities?

- To practice vocabulary related to sports and hobbies and leisure activities.
- To write sentences about interests related to free time activities.

LEARNING STRATEGIES

What can you do to achieve the objectives?

- Read carefully all the instructions for each task.
- Look at the sample answers given in each activity. They are highlighted in yellow.
- Use your prior knowledge and try to infer the meaning. You should not translate word by word. Use your dictionary only if absolutely necessary.
- Write in your notebook any “new” words and their meaning in English and an example that will help you to remember and use it in the future.

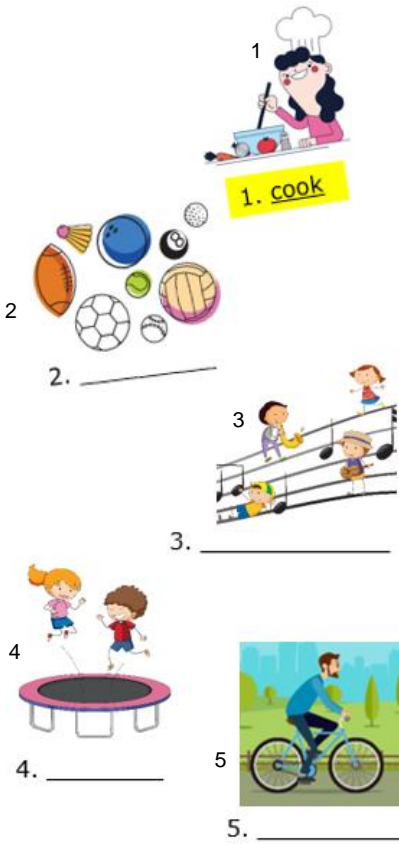


ACTIVITIES

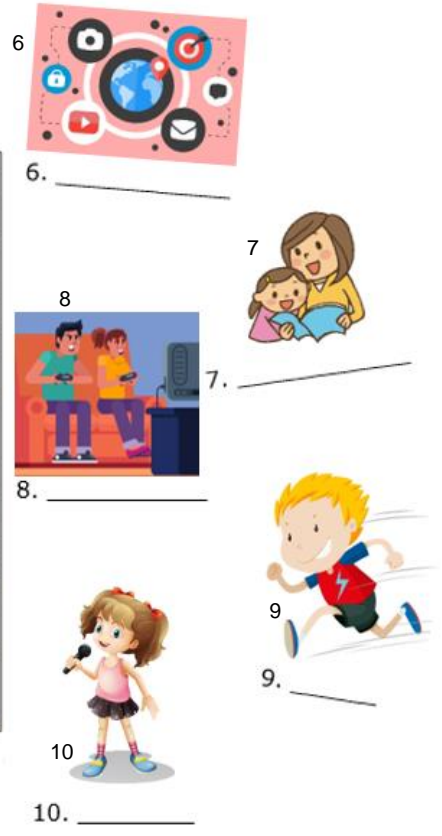
1. VOCABULARY TASK (20 minutes)

A. Find the words from the box in the word search. Then, use the words to label the pictures.

Play an instrument	Cook	Surf the net	Ride bicycle	Sing
Jump	Play sports	Run	Play videogames	Read books



O	A	S	A	Y	R	E	A	D	B	O	O	K	S	M	P	N	A
J	O	B	Y	Q	J	P	B	P	P	H	K	G	L	Y	C	Q	G
U	P	Q	L	O	K	L	U	A	K	X	W	T	M	V	X	A	K
P	L	Q	L	Q	Y	A	E	S	S	E	F	N	N	K	V	K	T
V	A	C	Q	O	V	Y	O	G	T	M	B	E	I	L	P	B	B
N	Y	Y	X	N	B	V	M	G	E	L	S	M	X	C	T	H	X
P	S	E	U	F	T	I	V	P	N	V	B	U	I	O	Y	U	P
W	P	L	M	L	L	D	J	O	E	T	S	R	O	O	P	D	U
O	O	Q	C	I	M	E	Y	L	H	B	A	T	R	K	X	P	Y
B	R	N	Y	R	B	O	S	T	T	W	P	S	U	X	V	S	A
N	T	F	X	I	G	G	K	N	F	K	O	N	A	F	P	A	S
O	S	F	P	K	H	A	E	D	R	Q	D	I	W	J	U	M	P
K	R	X	C	G	H	M	N	G	U	S	U	N	L	N	J	S	K
Y	S	L	E	N	A	E	O	Q	S	V	F	A	M	S	I	N	M
E	D	D	X	I	E	S	S	O	I	M	U	Y	H	O	B	U	T
X	O	I	A	S	F	C	L	O	M	I	S	A	W	P	W	R	G
M	R	T	R	I	D	E	B	I	C	Y	C	L	E	V	I	I	J
W	W	P	N	I	T	R	C	U	E	K	B	P	P	P	T	K	Q





2. READING TASKS (20 minutes)

-What do you know about Parkour? Let's read this text to find out more about this sport.

11



Parkour: You feel as if you are flying!

Parkour is definitely my favourite outdoor sport because I can use my body to move freely and to jump obstacles in public places. I can also climb and run. Parkour can be a hobby, an extreme sport, or an art. In Parkour, you can use your body to get from one point to another without stopping.

Parkour is an excellent exercise because you can keep yourself fit and healthy. It can also make you brave and confident. Another good thing about Parkour is that it's very cheap. You need to be in good physical condition, and you need a good pair of running shoes and that's all!

However, Parkour can be dangerous. If you're new to Parkour, you need to know and understand the different basic moves. You also need to train a lot so you don't have accidents. You can take a long time to become good at Parkour and you can sometimes hurt yourself, but I think it is a perfect way to exercise and discover your body's potential. Try it! You can feel as if you are flying.



Taken and adapted from the English, please! Student's book page 12 exercise 11.

12

B. Answer the following questions about the text "Parkour: You feel as if you are flying!"

1. What clothes can you use to practice this sport?

You can use a good pair of running shoes.

2. What are the rules to practice this sport?

3. How long can you take to become good at Parkour?

4. Where can you practice Parkour?

5. Why is Parkour an excellent exercise?

C. Choose the best option for each question below.

1. *What is Parkour?*

- a. Parkour is a popular sport in many places.
- b. **Parkour is jumping and climbing one place another.**
- c. Parkour is a perfect indoor sport and doesn't require practice.

2. *What can people who practice Parkour learn?*

- a. Feel life freedom
- b. Be like a boss anywhere
- c. Be creative and enjoy the body movements

3. *What skills can Parkour develop?*

- a. Physical and psychological skills
- b. Competitive skills
- c. Ability to take risks

4. *Why is Parkour a good sport?*

- a. It allows you to feel emotion
- b. It's a sport for all people
- c. It helps you to work out many physical and mental abilities

5. *Why can Parkour be a dangerous sport?*

- a. Because you can fly.
- b. Because it requires a lot of practice to understand the different moves.
- c. Because it is very cheap.

6. *What does new Parkour practitioners need to know about this sport?*

- a. They need to have accidents to learn.
- b. They need to know and understand the different basic moves
- c. They need to take a long time to practice.

3. LANGUAGE TASKS (10 minutes)

D. Read the text in part 2 again paying attention to the underlined words. Then, circle the correct option.

1. The sentence "I can also climb and run" talks about **the present / the past / the future.**
2. We use can to talk about **duties / abilities or possibilities / recommendations.**
3. We use **can + verb / can + to + verb.**
4. We use can **before / after** the subject in affirmative sentences.
5. In the sentence "Parkour can be a hobby" the verb that goes after can is **conjugated / not conjugated.**

E. Which of the following sentences express ability? Which express possibility?

- | | |
|--------------------------------------|--|
| 1. I can use my body. <u>Ability</u> | 5. Parkour can be dangerous. _____ |
| 2. I can also climb and run. _____ | 6. You can take a long time to become good at Parkour. _____ |
| 3. Parkour can be a hobby. _____ | |
| 4. You can keep yourself fit. _____ | |



4. WRITING TASKS (25 minutes)

It's time to write about my interests!

F. Write a short letter to tell your partners and teacher about the sports, hobbies and leisure activities you can do. Use the example below to help you. Use your dictionary if necessary.

Hi, my name is John. I am a very active person. I **can practice** a lot of different activities. I **can run** every day in the morning and I **can also ride** a bike and skate. On weekends I go cycling with my friends and sometimes I play tennis. However, the sport I like to play the most is soccer. I always play soccer with my friends in the afternoons. I enjoy it so much because I **can score** a lot of goals and I **can run** without getting tired easily. When I am at home, I sometimes play my guitar. I **can play** it very well. I **can also write** songs, although I'm not very good at singing them.



Hi! My name is _____ . I am _____ person, I can _____ and _____ . I like _____ with my _____ and sometimes I _____ with my _____ on weekends. I want to _____ and _____ , but I enjoy _____ when I'm in my room. I can also _____ .

Enjoying my free time is very important for me!




G. Now, write about your best friend's abilities related to his/her hobbies and leisure activities.

My best friend is _____ He/She can _____



5. SELF-ASSESSMENT TASK (5 minutes)

-Place a tick (✓) in the box which best describes your achievement in each aspect.

<p>My achievements</p>	<p>14  I can do this</p>	<p>15  I can do this with help</p>	<p>16  I need to work on this</p>
<p>I can use vocabulary related to sports, hobbies and leisure activities that I like.</p>			
<p>I can understand short texts related to sports, hobbies and leisure activities.</p>			
<p>I can write sentences to talk about abilities related to sports, hobbies and leisure activities about me and my friends.</p>			

THIS IS THE END

Congratulations, you have done an excellent job! You can do amazing things. Continue practicing the vocabulary about sports, hobbies and leisure activities in English, as well as the uses of the verb *can*. Check the useful resources to have extra practice on this topic. Finally, take care of yourself by playing sports and having a good time making the activities you enjoy the most!

USEFUL RESOURCES

Online English Spanish dictionary

<https://www.ldoceonline.com/es-LA/>

Vocabulary sports and leisure activities

<https://learnenglishkids.britishcouncil.org/category/topics/sport>

<https://learnenglishteens.britishcouncil.org/topics/hobbies-leisure/term>

<https://learnenglishkids.britishcouncil.org/es/category/topics/free-time-and-hobbies>

Grammar – modal Can

<https://learnenglishkids.britishcouncil.org/grammar-chants/i-can-paint>

<https://learnenglishkids.britishcouncil.org/grammar-practice/modals-can-and-cant>



ANSWER KEY

1. VOCABULARY TASK

P	V	W	P	U	R	E	A	D	B	O	K	S	U	I	X	O	
G	A	Z	P	F	H	P	F	H	X	X	E	V	I	Z	E	X	
T	P	E	T	T	L	S	Y	J	O	Z	T	U	E	R	Q	D	
J	L	R	I	T	Q	A	K	H	Z	X	M	N	R	Z	L	K	H
R	A	L	U	D	L	Y	W	W	T	J	H	E	A	C	J	M	A
R	Y	W	F	P	Y	V	C	I	E	Y	U	M	F	C	Y	N	Z
U	S	C	P	P	G	I	V	G	N	O	R	U	A	O	S	C	B
B	P	H	V	B	Y	D	E	K	E	H	U	R	A	O	R	E	A
P	O	W	O	B	Q	E	Q	I	H	D	L	T	S	K	W	R	S
M	R	P	Q	Y	S	O	J	V	T	W	L	S	P	S	I	N	X
R	T	E	S	F	B	G	Q	Q	F	X	I	N	P	I	L	N	L
R	S	M	L	Q	S	A	K	J	R	F	O	I	B	J	U	M	P
Y	E	J	R	G	J	M	H	H	U	C	L	N	Y	P	J	R	D
K	N	G	A	N	T	E	D	V	S	J	G	A	V	O	Q	N	I
U	W	J	Y	I	F	S	I	T	X	F	Q	Y	K	X	D	U	U
J	N	X	V	S	B	D	E	E	F	V	S	A	V	V	J	R	M
M	I	Z	R	I	D	E	B	I	C	Y	C	L	E	K	C	B	R
Z	Q	B	U	L	N	W	Y	V	G	W	A	P	O	Y	F	D	T

- A. 1.** Cook **2.** Play sports **3.** Play an instrument **4.** Jump
5. Ride bike **6.** Surf the net **7.** Read books **8.** Play video games
9. Run **10.** Sing

2. READING TASKS

B. Suggested answers:

- You can use a good pair of running shoes.
- Be in a good physical condition.
- You can take long time.
- It can be practiced in public places.
- Because it helps you to keep fit and healthy, and it makes you brave and confident too.

C. 1-b 2-c 3-a 4-c 5-b 6-b

3. LANGUAGE TASKS

- D. 1.** The present **2.** Abilities or possibilities **3.** Can + verb **4.** After **5.** Not conjugated
E. 1. Ability **2.** Ability **3.** Possibility **4.** Possibility **5.** Possibility **6.** possibility

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo o hija haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas para verificar el proceso de aprendizaje.

- ¿Cuál fue la actividad que más te gustó? ¿Por qué?
- ¿Cuál fue la actividad que te pareció más difícil? ¿Por qué?
- ¿Te parecieron claras las instrucciones dadas en cada una de las actividades de esta guía?
- Enséñame cómo se dicen algunas de tus habilidades en inglés.
- ¿Cuánto tiempo te tomó desarrollar toda la guía?



6. ¿Qué recursos utilizaste para el desarrollo de esta guía?

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APPENDIX

English, Please! Student's book 2, page 12, exercise 11

1

Lesson 1

Read

10. Look at the pictures and discuss with a partner.
 - a. Do you think Parkour is a sport or a hobby?
 - b. Do you think that it is a team or individual sport / hobby?
 - c. What do you need if you want to do Parkour?
11. Read the article and check your predictions.

Reading Tip

✓ Look at the title of a text and the pictures before you read. This can help you get an idea of what the topic is and predict the information you will read in the text.



Parkour: You feel as if you are flying!

1 Parkour is definitely my favourite outdoor sport. I love using my body to move freely and to jump obstacles in public places with only my body and my skill. I also climb and run. Parkour can be a hobby, an extreme sport, or an art. In Parkour, you use your body to get from one point to another without stopping.

- 2** Parkour is excellent exercise because it helps you to keep fit and healthy. It makes you brave and confident, too. Another good thing about Parkour is that it's very cheap. You need to be in good physical condition, and you need a good pair of running shoes. And that's all!
- 3** However, Parkour can be dangerous. If you're new to Parkour, you need to know and understand the different basic moves. You also need to train a lot so you don't have accidents.
- 4** It can take a long time to become good at Parkour and you can sometimes hurt yourself, but I think it is a perfect way to exercise and discover your body's potential. Try it! You feel as if you are flying.



Glossary

- fit: *en forma*
- brave: *valiente*
- confident: *confiado/a*
- moves: *movimientos*
- train: *entrenar*
- hurt yourself: *hacerse daño*

12. Read the sentences and write true (T) or false (F).
 - a. Parkour is only a sport.
 - b. It's expensive to do Parkour.
 - c. Parkour isn't always safe.
 - d. You can become good at Parkour very quickly.



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