

“BEYOND THE CLASSROOM” ENGLISH SELF-STUDY GUIDE

School	_____	City	_____
Teacher's name	_____		
Student's name	_____		
Grade	10 th	Level	A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de aprendizaje de inglés para trabajo en casa se realiza para complementar la práctica del tiempo presente simple y el vocabulario relacionado con deportes, pasatiempos, y actividades de ocio; además poder expresar de manera escrita, qué actividades su hijo/hija disfruta más.

El desarrollo de esta guía de trabajo le tomará a su hijo/hija una hora y diez minutos. Las actividades de esta guía se encuentran relacionadas con las descritas en el libro del estudiante *English, Please! 2*, página 12, ejercicio 11, que está disponible en la plataforma Colombia Aprende. La página del libro se encuentra adjunta al final de la guía para quienes no tienen acceso a internet.

A continuación, se describen las actividades planteadas en esta guía.

- Actividad 1: Buscar palabras en la sopa de letras y relacionarlas con las imágenes.
- Actividad 2: Relacionar las definiciones con las respectivas palabras.
- Actividad 3: Leer el texto y luego responder las preguntas de comprensión propuestas.
- Actividad 4: Construir un texto corto en presente simple sobre las actividades favoritas de su hijo/hija empleando el vocabulario practicado en las actividades 1 y 2.
- Actividad 5: Escribir un texto corto que hable de las actividades favoritas de su mejor amigo/a.
- Actividad 6: Realizar una auto-evaluación para verificar la comprensión del tema practicado en la guía.

Además, se ofrecen ejemplos de las actividades, las respuestas correctas y recursos adicionales de apoyo. Agradecemos su colaboración supervisando que su hijo/hija complete las actividades indicadas. Al final, ustedes encontrarán una serie de preguntas de verificación de lo que su hijo/hija aprendió mediante el desarrollo de esta guía.

WELCOME TO THIS SELF-STUDY GUIDE

This English self-study guide helps you practise vocabulary related to sports, hobbies and leisure activities in the development of different exercises. All the activities are related to the topic of sports and hobbies presented in the *English, Please! Student's Book 2 Module 1 Unit 1 Lesson 1*. It starts with some vocabulary revision activities. Then, you have to answer some comprehension questions related to a text and end up writing about your favorite sports, hobbies and leisure activities and those of your best friend.



Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Sports and hobbies	Reading Writing	Present Simple	Sports, Hobbies and Leisure activities	Talking about your favorite sport, hobby or leisure activity

GET READY

Study time needed: 1 hour 10 minutes	Resources: <i>English dictionary, notebook, pencil, mobile phone video camera, PDF file of English Please Student's Book 10.</i>	Textbooks Links: <u>English Please Student's Book 10, page 12 - exercise 11.</u>
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LEARNING OBJECTIVES

LEARNING STRATEGIES

<p><i>What will you learn/practise/reinforce with these activities?</i></p> <ul style="list-style-type: none"> To practice vocabulary related to sports and hobbies and leisure activities. To write sentences about your interests related to free time activities. 	<p><i>What can you do to achieve the objectives?</i></p> <ul style="list-style-type: none"> Read carefully all the instructions for each task. Look at the sample answers given in each activity. They are highlighted in pink. Use your prior knowledge and try to infer the meaning. You should not translate word by word. Use your dictionary only if absolutely necessary. Write in your notebook any "new" words and their meaning in English and an example that will help you to remember and use it in the future.
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ACTIVITIES

1. VOCABULARY TASKS (20 minutes)

A. Find the words from the box in the word search. Then, use the words to label the pictures.

Go shopping	Watch movies	Surf the net	Ride bicycle	Go to parties
Read books	Play sports	Meet friends	Play videogames	Listen to music



2

2. _____



1

1. _____



10

10. _____



9

9. _____



3

3. _____



4

4. _____

X	W	P	L	A	Y	S	P	O	R	T	S	S	H	P	W	U	Q
R	R	J	O	C	G	Y	W	S	L	H	Y	U	W	L	G	B	B
A	E	D	P	X	U	S	A	E	J	L	L	R	M	L	O	W	B
B	A	K	Q	W	T	N	Q	M	U	A	I	F	N	Q	T	Q	M
X	S	B	R	O	P	H	K	A	T	F	S	T	U	I	O	C	Y
M	L	D	G	R	T	S	J	G	B	B	T	H	O	O	P	S	M
Y	P	H	N	Q	U	B	B	O	S	L	E	E	N	T	A	K	J
X	I	A	I	Y	B	W	H	E	S	K	N	N	C	I	R	O	E
R	M	T	P	M	W	M	K	D	H	Q	T	E	S	O	T	O	L
P	D	X	P	R	G	O	V	I	R	I	O	T	C	G	I	B	C
Q	I	T	O	W	D	Q	X	V	M	K	M	Q	O	R	E	D	Y
W	M	X	H	T	D	L	F	Y	U	L	U	Y	E	P	S	A	C
M	H	V	S	Y	F	W	F	A	R	C	S	K	A	K	J	E	I
W	Y	R	O	W	X	D	C	L	B	S	I	F	D	H	V	R	B
A	B	Y	G	C	S	O	X	P	D	P	C	X	K	W	K	C	E
O	P	M	P	W	A	T	C	H	M	O	V	I	E	S	X	R	D
B	K	K	M	E	E	T	F	R	I	E	N	D	S	C	C	Q	I
V	I	G	B	U	N	Q	V	M	X	M	K	L	I	B	T	Q	R



8

8. _____



7

7. surf the net



5

5. _____



6

6. _____



B. Match these definitions with their corresponding phrase.

1. Game which players kick a ball with their feet. ✓
2. Sport in which you use your arms and legs to move through water.
3. People move their bodies to a musical rhythm.
4. When you look for something that interests you on different pages on the internet.
5. The activity of buying things in stores or shops.
6. The activity of viewing moving pictures and sound while knowing stories on TV or at the cinema.
7. When you are consciously paying attention to instrumental or harmonic sounds.
8. Games that involve moving counters or pieces on a surface according to a set of rules or questions.
9. An activity that implies understanding printed language to get information.
10. Electronic games that involve the interaction between a player and a technological device.

___ Go Shopping

___ Board games

___ Listen to music

___ Read books

___ Watch movies

___ Swim

___ Dance

1 Soccer

___ Video Games

___ Surf the net

2. READING TASKS (20 minutes)

-Open your *English, please!* Student's book on page 12 exercise 11. Read the text.

11



Parkour: You feel as if you are flying!

1 Parkour is definitely my favourite outdoor sport. I love using my body to move freely and to jump obstacles in public places with only my body and my skill. I also climb and run. Parkour can be a hobby, an extreme sport, or an art. In Parkour, you use your body to get from one point to another without stopping.

2 Parkour is excellent exercise because it helps you to keep fit and healthy. It makes you brave and confident, too. Another good thing about Parkour is that it's very cheap. You need to be in good physical condition, and you need a good pair of running shoes. And that's all!

3 However, Parkour can be dangerous. If you're new to Parkour, you need to know and understand the different basic moves. You also need to train a lot so you don't have accidents.

4 It can take a long time to become good at Parkour and you can sometimes hurt yourself, but I think it is a perfect way to exercise and discover your body's potential. Try it! You feel as if you are flying.



C. Answer the following questions about the text “*Parkour: You feel as if you are flying!*”

1. What clothes do you need to practice this sport?

2. What are the rules to practice this sport?

3. How long is it required to become good at Parkour?

It takes long time sessions

4. Where can you practice Parkour?

5. Why is Parkour an excellent exercise?

D. Choose the best answer to these questions.

1. *What is Parkour?*

- a. Parkour is a popular sport in many places.
- b. *Parkour is jumping and climbing one place another.*
- c. Parkour is a perfect indoor sport and doesn't require practice.

2. *What do people who practice Parkour learn?*

- a. Feel life freedom
- b. Be like a boss anywhere
- c. Be creative and enjoy the body movements

3. *What skills does Parkour develop?*

- a. Physical and psychological skills
- b. Competitive skills
- c. Ability to take risks

4. *Why is Parkour a good sport?*

- a. It allows you to feel emotion
- b. It's a sport for all people
- c. It helps you to work out many physical and mental abilities

5. *Why is Parkour a dangerous sport?*

- a. Because you can fly.
- b. Because it requires a lot of practice to understand the different moves.
- c. Because it is very cheap.

6. *What does new Parkour practitioners need to know about this sport?*

- a. They need to have accidents to learn.
- b. They need to know and understand the different basic moves
- c. They need to take a long time to practice.



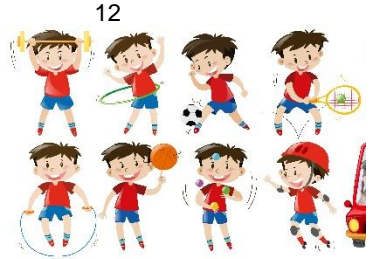
3. WRITING TASKS (25 minutes)

It's time to write about my interests!

E. Write a short letter to tell your partners and teacher about your favorite sports, hobbies and leisure activities. Use the example below to help you. Use your dictionary if necessary.

Hi, my name is John. I am a very active person. I practice a lot of different activities. I run every day in the morning, I like cycling and skating, on weekends I go cycling with my friends and sometimes I play tennis. However, the sport I like to play the most is soccer.

I always play soccer with my friends in the afternoons, I think it is very fun to run all the time and find the best strategy to score the Gol! When I am at home, my favorite indoor activities are to listen to music and watch T.V. My favorite program is "Dark." In my opinion it is the best suspense and science fiction series.



Hi! My name is _____. I am _____ person, I practice _____ and _____ I play _____ too. I like _____ with my _____ and sometimes I _____ with my _____ on weekends. I want to _____ and _____, but I enjoy _____ when I'm in my room. I hate _____, because _____.




Enjoying my free time is very important for me!

F. Now, write about your best friend's favorite sports, hobbies and leisure activities.

My best friend is _____ He/She likes _____

4. ASSESSMENT TASK (5 minutes)

-Place a tick (✓) in the box which best describes your achievement in each aspect.

My achievements	13  I can do this	14  I can do this with help	15  I need to work on this
I can use vocabulary related to sports, hobbies and leisure activities that I like.			
I can understand short texts related to sports, hobbies and leisure activities.			
I can write sentences to talk about sports, hobbies and leisure activities that I and my best friend like			

THIS IS THE END

Congratulations, you have done an excellent job! You can do amazing things. Continue practicing the vocabulary about sports, hobbies and leisure activities in English. You can check the useful resources as well to have extra practice on this topic. Finally, take care of yourself by playing sports and having a good time making the activities you enjoy the most!

USEFUL RESOURCES

Online English Spanish dictionary

<https://dictionary.cambridge.org/es/diccionario/ingles-espanol/>

Vocabulary sports and leisure activities

- <https://www.eslbuzz.com/wp-content/uploads/2017/10/free-time-activities-simple-present-2-638.jpg>
- <https://learnenglishteens.britishcouncil.org/magazine/sport>

Grammar - Present Simple

<https://learnenglish.britishcouncil.org/english-grammar-reference/present-simple>



ANSWER KEY

1. VOCABULARY TASKS

L	T	P	L	A	Y	S	P	O	R	T	S	S	S	V	X	R	S
H	H	Q	A	H	F	J	S	J	A	F	U	X	T	G	U	T	
C	S	V	R	Z	K	C	X	E	X	T	L	R	V	N	O	Y	A
H	W	U	U	T	Z	I	L	M	E	U	I	F	L	G	T	Y	C
T	X	L	K	U	B	T	J	A	Y	A	S	T	X	D	O	U	O
R	M	A	G	C	L	C	Q	G	B	G	T	H	F	T	P	S	E
Q	T	P	N	G	K	D	K	O	G	Q	E	E	Q	W	A	K	E
O	T	Z	I	Y	Y	A	G	E	U	S	N	N	K	W	R	O	E
W	V	E	P	C	X	M	B	D	N	Z	T	E	C	X	T	O	L
I	S	X	P	G	F	G	U	I	L	S	O	T	A	C	I	B	C
N	V	U	O	D	N	Y	G	V	H	C	M	J	D	Z	E	D	Y
Z	A	Q	H	R	Q	A	U	Y	S	V	U	Q	I	X	S	A	C
E	W	L	S	N	N	H	R	A	C	F	S	V	G	F	O	E	I
J	Z	T	O	Z	I	R	C	L	U	C	I	T	T	H	U	R	B
X	K	E	G	C	E	A	O	P	B	G	C	H	F	N	N	N	E
Y	A	R	G	W	A	T	C	H	M	O	V	I	E	S	P	S	D
Y	C	D	M	E	E	T	F	R	I	E	N	D	S	V	X	B	I
V	J	T	X	K	O	Y	Y	G	I	D	V	I	G	Z	X	T	R

A. Word search

1. Go to parties, 2. Go shopping, 3. Watch movies, 4. Play video games, 5. Play sports, 6. Meet friends, 7. Surf the net, 8. Ride bicycle, 9. Listen to music, 10. Read books.

B. 1. Soccer 2. Swim 3. Dance 4. Surf the net 5. Go Shopping 6. Watch movies 7. Listen to music 8. Board games 9. Read books 10. Video games

2. READING TASKS

C. Suggested answers:

1. A good running shoes
2. Be in a good physical condition
3. It takes long time sessions
4. It is practiced in public places
5. Because it helps you to keep fit and healthy, and it makes you brave and confident too.

D. 1-b 2-c 3-a 4-c 5-b 6-b

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez su hijo o hija haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas para verificar el proceso de aprendizaje.

1. ¿Cuál fue la actividad que más te gustó?
2. ¿Cuál fue la actividad que te pareció más difícil? ¿Por qué?
3. ¿Te parecieron claras las instrucciones dadas en cada una de las actividades de esta guía?
4. Enséñame cómo se dicen tus pasatiempos favoritos en inglés.
5. ¿Cuánto tiempo te tomó desarrollar toda la guía?
6. ¿Qué recursos utilizaste para el desarrollo de esta guía?

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APPENDIX

English, Please! Student's book 2, page 12, exercise 11

1

Lesson 1

Read

10. Look at the pictures and discuss with a partner.
- Do you think Parkour is a sport or a hobby?
 - Do you think that it is a team or individual sport / hobby?
 - What do you need if you want to do Parkour?
11. Read the article and check your predictions.

Reading Tip

✓ Look at the title of a text and the pictures before you read. This can help you get an idea of what the topic is and predict the information you will read in the text.



Parkour: You feel as if you are flying!

- 1** Parkour is definitely my favourite outdoor sport. I love using my body to move freely and to jump obstacles in public places with only my body and my skill. I also climb and run. Parkour can be a hobby, an extreme sport, or an art. In Parkour, you use your body to get from one point to another without stopping.
- 2** Parkour is excellent exercise because it helps you to keep fit and healthy. It makes you brave and confident, too. Another good thing about Parkour is that it's very cheap. You need to be in good physical condition, and you need a good pair of running shoes. And that's all!
- 3** However, Parkour can be dangerous. If you're new to Parkour, you need to know and understand the different basic moves. You also need to train a lot so you don't have accidents.
- 4** It can take a long time to become good at Parkour and you can sometimes hurt yourself, but I think it is a perfect way to exercise and discover your body's potential. Try it! You feel as if you are flying.



Glossary

- fit: *en forma*
- brave: *valiente*
- confident: *confiado/a*
- moves: *movimientos*
- train: *entrenar*
- hurt yourself: *hacerse daño*

12. Read the sentences and write true (T) or false (F).
- Parkour is only a sport.
 - It's expensive to do Parkour.
 - Parkour isn't always safe.
 - You can become good at Parkour very quickly.



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