

## "BEYOND THE CLASSROOM" ENGLISH SELF-STUDY GUIDE

<b>School</b>	_____	<b>City</b>	_____
<b>Teacher's name</b>	_____		
<b>Student's name</b>	_____		
<b>Grade</b>	9th	<b>Level</b>	A1

### ORIENTACIONES PARA LOS PADRES DE FAMILIA

Esta guía de trabajo permite a sus hijo(a)s repasar conceptos relacionados con la comida y los platos típicos de algunas regiones de Colombia. Con este propósito, la guía le permitirá repasar vocabulario relacionado con estos temas, así como usar el inglés para expresar mis preferencias y las de otras personas en cuanto a comidas. Su hijo(a) deberá dedicar una hora para el desarrollo de la guía. Las actividades aquí propuestas están basadas en el libro English Please! 9no Grado, el cual está disponible en la página Colombia Aprende, su hijo(a) puede realizarlas solo utilizando esta guía.

A continuación, describimos las actividades que su hijo(a) deberá desarrollar:

1. Actividad 1: Es una actividad de vocabulario en donde su hijo(a) deberá escribir el nombre de los ingredientes de cada uno de los 3 platos representados en las imágenes. (Las flechas indican cada uno de los ingredientes y en qué parte escribir la palabra)
2. Actividad 2: Lee la explicación de los sustantivos contables y no contables y completa los ejercicios. Complete con "A, an, some o any".
3. Actividad 3: En esta actividad su hijo deberá leer el texto "A country full of dishes". Luego leerá cada uno de los enunciados y escribirá T cuando sea verdadero, o F cuando sea falso.
4. Actividad 4: Su hijo(a) escogerá algunos ingredientes que tenga en su nevera para preparar alguna comida que le guste. Después, tomará una foto y la describirá de forma escrita.
5. Actividad 5: Su hijo(a) evaluará su aprendizaje.

### WELCOME TO THIS SELF-STUDY GUIDE

This self- study guide allows you to practice talking about the different ways in which you can know how we live. The activities you will find here are based on the book English Please! 9th Grade, Module 3, Unit 1, pages 86 - 90. The guide starts with some images where you have to fill in spaces with the correct word, then continues with countable nouns and uncountable nouns to complete the sentences with a/an/some/any. After this, there is a reading exercise about different traditional food in our country. And then you will prepare your favorite food with the ingredients you have in your refrigerator and, finally, you will complete some sentences and prepare a video with your favorite food at home.



Topic	Skill(s)	Grammar	Vocabulary	Function(s)
<b>Favorite dishes</b>	<b>Reading and writing</b>	<b>Countable and uncountable nouns</b>	<b>Ingredients</b>	<b>Describing typical dishes</b>

### GET READY

<b>Study time needed:</b>  <b>1 hour</b>	<b>Resources:</b> Dictionary, real ingredients from your kitchen, camera (smartphone)	<b>Textbooks Links:</b> - <a href="#">Libro English please 1, module 3, lesson 1, page 88</a>
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### LEARNING OBJECTIVES

*What will you learn/practise/reinforce with these activities?*

- To practice describing typical dishes
- To identify the differences between countable and uncountable nouns

### LEARNING STRATEGIES

What can you do to achieve the objectives?

- ❖ Read the instructions to prepare your food.
- ❖ Write in your notebook new vocabulary about fruit and foods.
- ❖ Before recording your video, practise the vocabulary about typical dishes.
- ❖ Look at the examples carefully before answering.



## ACTIVITIES

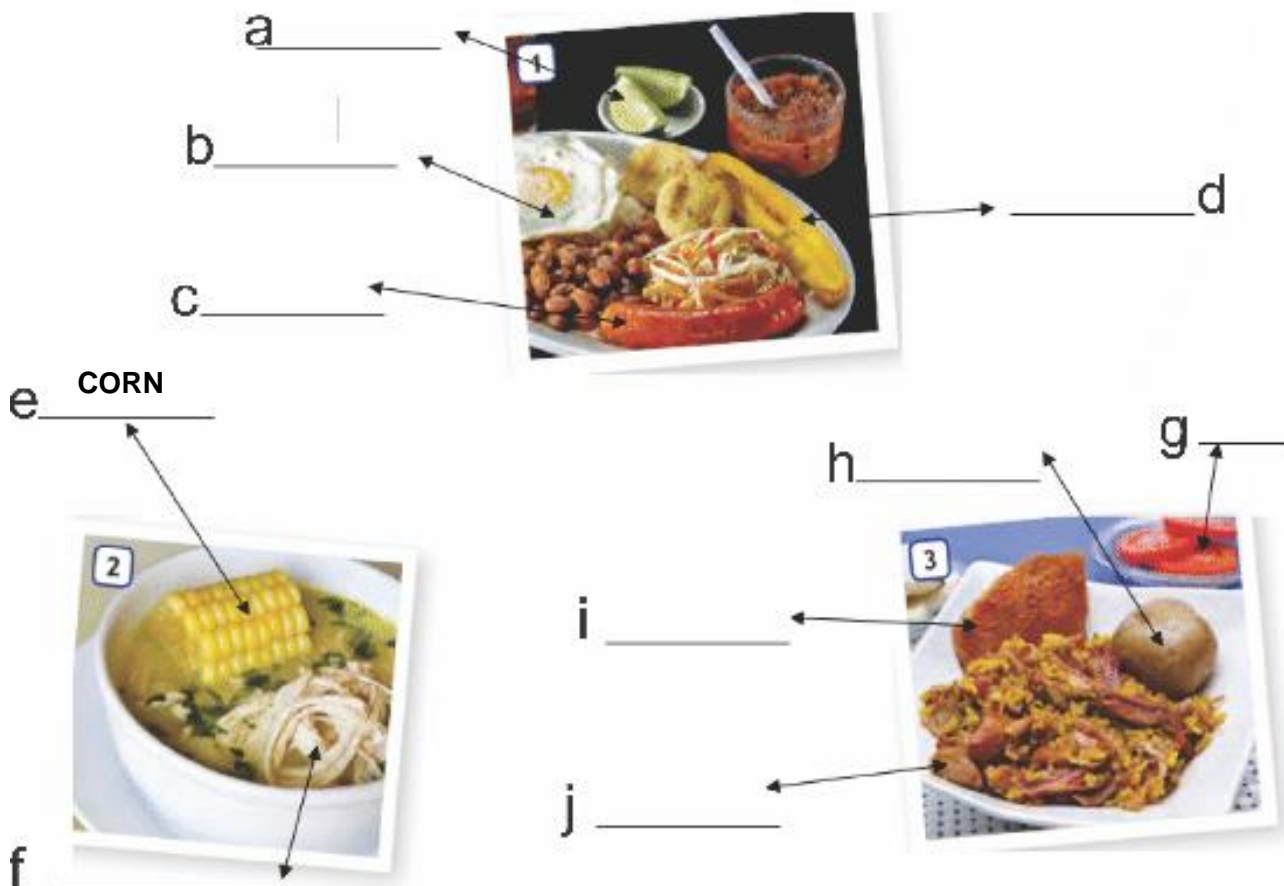
### 1. LANGUAGE TASKS (10 min) -

#### VOCABULARY TASK

a) Label the pictures using words from the box below. Follow the examples given.

Lemons potato ~~corn~~ beans chicken

bacon plantain egg tomato pork





## GRAMMAR

Countable		Uncountable
Singular	Plural	
<i>There is a(n)</i>	<i>There are some</i>	<i>There is some</i>
<i>There isn't a</i>	<i>There aren't any</i>	<i>There isn't any</i>

### Countable nouns

There is a **p**ear in the fridge.

I eat **a**n apple every day.

There are **s**ome bananas on the table.

For positive sentences we can use \_\_\_ / \_\_\_ for singular nouns, or \_\_\_\_\_ for plurals.

There isn't a **b**anana in my dish

There isn't **a**n orange in my breakfast

There aren't **a**ny potatoes in the fridge

For negatives we can use \_\_\_/\_\_\_ for singular nouns, or \_\_\_\_\_ for plurals.

### Uncountable nouns

Here are some examples of **uncountable** nouns:

bread	rice	coffee	sugar
milk	cheese	water	salt

There's **s**ome milk in the fridge.

My mother eats **s**ome bread in the breakfast

I don't want **a**ny water .

There isn't **a**ny coffee in the kitchen.

We use \_\_\_\_\_ with uncountable nouns in positive sentences and \_\_\_\_\_ with negatives.



B) Complete the sentences using **a / an / some / any**

- a. Mark eats \_\_\_\_\_ banana every day.
- b. I don't want \_\_\_\_\_ chicken for lunch, please.
- c. Mum eats \_\_\_\_\_ apple every morning.
- d. We often have \_\_\_\_\_ rice for dinner.
- e. Every morning I drink \_\_\_\_\_ water.
- f. I have \_\_\_\_\_ egg or \_\_\_\_\_ sandwich for breakfast.

## 2. READING

1. Read the text and think of specific places where people eat these dishes.

### A COUNTRY FULL OF DISHES

Colombia is a beautiful country with lots of different regions and different food traditions. Here are four typical Colombian dishes:

*Cholao*: This is a traditional dish from Valle del Cauca. It has strawberries, bananas, pineapple, mango and other fruits, with ice and condensed milk.

*Ajiaco*: This dish is from Cundinamarca and Boyacá. It is a soup and has different kinds of potatoes, corn, chicken and some herbs.

*Bandeja Paisa*: This is a traditional dish from the coffee region. It has rice, beans, beef, pork, avocado and an egg.

*Lechona*: This traditional dish from Tolima is a stuffed pig. There is a mixture of rice, peas and pork inside the pig.

Different cities have different dishes, so when you travel, make sure to try some food from the place.

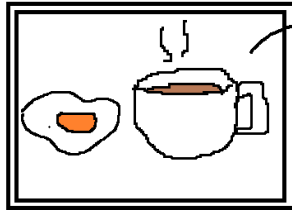
Are the statements True (T) or False (F)?

- Cholao has fruit and vegetables. \_\_\_\_\_
- Lechona is a popular dish from Ibagué. \_\_\_\_\_
- Lechona is a traditional dish from Boyacá. \_\_\_\_\_
- Cholao is a traditional dish from Valledupar. \_\_\_\_\_
- Cheese, rice and egg are some of the ingredients of ajiaco. \_\_\_\_\_
- Only people in Cundinamarca can eat ajiaco. \_\_\_\_\_
- Ajiaco is a soup. \_\_\_\_\_
- People in Salento love bandeja paisa. \_\_\_\_\_
- Avocado is a characteristic ingredient of lechona. \_\_\_\_\_



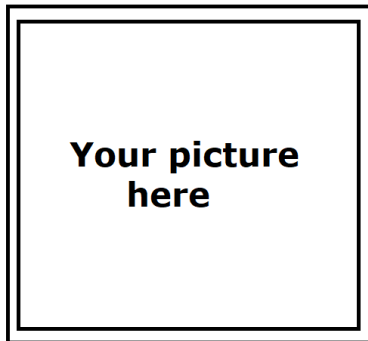
2. Prepare your favorite food with the ingredients you have in your refrigerator. Then, take a picture and describe what is in the picture.

Example:



This is my favorite food.  
I love to eat **eggs** and **hot chocolate**.

Now it's your turn!



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### 3. ASSESSMENT (5 minutes)

#### 3 things you didn't know before

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#### 2 things that surprised you about this topic

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#### 1 thing you want to start doing with what you've learned

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## THIS IS THE END

**Congratulations! You are doing a great job. Continue practicing vocabulary and expressions to describe types of food. Always take into account our traditions about typical food in the different regions.**

## USEFUL RESOURCES

<https://dictionary.cambridge.org/es/diccionario/ingles-estudiantes/>  
<https://www.lexico.com/grammar/countable-nouns>  
<https://www.lewolang.com/gramatica-inglesa/33/countable-and-uncountable>  
<https://www.wordreference.com/es/en/translation.asp?spen=I%C3%ADnea>  
<https://ingles.celeberrima.com/lista-161-ejemplos-vocabulario-comida-food-en-ingles-y-espanol/>

## ANSWER KEY

### 1. LANGUAGE TASK

- a)** a) Lemons b) egg c) pork sausage d) plantain e) corn f) chicken g) tomato h) potato  
i) bacon j) pork
- b)** a) a b) any c) an d) some e) some f) an - a

### 1. READING

1. Are the statements True (T) or False (F)?
- Cholao has fruits and vegetables. F
  - Lechona is a popular dish of Ibagué. T
  - Lechona is a traditional dish from Boyacá. F
  - Cholao is a traditional dish of Valledupar. F
  - Cheese, rice and egg are some of the ingredients of ajiaco. F
  - Only people in Cundinamarca can eat ajiaco. F
  - Ajiaco is a soup. T
  - People in Salento love bandeja paisa. T
  - Avocado is a characteristic ingredient of lechona. F

## ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez que su hijo(a) haya terminado las actividades de esta guía, por favor hágale las siguientes preguntas que le permitan verificar el proceso de aprendizaje:

- ❖ ¿Qué fue lo que más te impactó de las actividades?
- ❖ ¿Cuáles fueron las palabras nuevas que aprendiste?
- ❖ ¿Identificaste las diferencias entre los sustantivos contables y no contables?
- ❖ ¿Qué recursos usaste para realizar las actividades?
- ❖ ¿Cuánto te tardaste en desarrollar la guía?



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Mineducación



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# 1

## Lesson 1

### Read

10. Read the text and match the dishes to the pictures. There is one dish with no picture. What is it?

#### Glossary

avocado = aguacate  
 herbs = hierbas/especies  
 pineapple = piña  
 soup = sopa  
 strawberries = fresas  
 stuffed = relleno

### A COUNTRY FULL OF DISHES

Colombia is a beautiful country with lots of different regions and different food traditions. Here are four typical Colombian dishes:

**Cholao:** This is a traditional dish from Valle del Cauca. It has strawberries, bananas, pineapple, mango and other fruits, with ice and condensed milk.

**Ajiaco:** This dish is from Cundinamarca and Boyacá. It is a soup and has different kinds of potatoes, corn, chicken and some herbs.

**Bandeja Paisa:** This is a traditional dish from the coffee region. It has rice, beans, beef, pork, avocado and an egg.

**Lechona:** This traditional dish from Tolima is a stuffed pig. There is a mixture of rice, peas and pork inside the pig.

Different cities have different dishes, so when you travel, make sure to try some food from the place.



11. Are the statements true (T) or false (F)?

- a. Cholao has fruit and vegetables. \_\_\_\_\_
- b. Lechona is a traditional dish from Boyacá. \_\_\_\_\_
- c. Cheese, rice and egg are some of the ingredients of Ajiaco. \_\_\_\_\_
- d. Ajiaco is a soup. \_\_\_\_\_

12. Complete the descriptions about each dish.

Name: Cholao  
 Place: Valle del Cauca  
 Ingredients:  
 strawberries, bananas,  
 pineapple, mango,  
 and other fruit. You  
 have it with ice and  
 condensed milk

Name:  
 Place:  
 Ingredients:

Name:  
 Place:  
 Ingredients:

Name:  
 Place:  
 Ingredients:



Focus on language

13. Look at the chart. Write sentences to describe what is in the fridge.

Countable		Uncountable
Singular	Plural	
<i>There is a(n)</i>	<i>There are some</i>	<i>There is some</i>
<i>There isn't a</i>	<i>There aren't any</i>	<i>There isn't any</i>



14. In your notebook, complete the sentences using *a, an, some, any*.

- a. Mark eats \_\_\_\_\_ banana every day.
- b. I don't want \_\_\_\_\_ chicken for lunch, please.
- c. Mum eats \_\_\_\_\_ apple every morning.
- d. We often have \_\_\_\_\_ rice for dinner.
- e. Every morning I drink \_\_\_\_\_ water.
- f. I have \_\_\_\_\_ egg or \_\_\_\_\_ sandwich for breakfast.

Speak

15. Read the dialogue. Then practise similar dialogues with a classmate. Talk about breakfast, lunch and dinner.



Write

16. Write about a typical Colombian dish and a dish from another country. Make sure to include:

- Origin:
- Ingredients:
- Why you like it:

Writing Tip

- ✓ Begin your sentence with a capital letter.
- ✓ End your sentences with a full stop ( . )
- ✓ Use a comma ( , ) for a list of three or more items:  
*I like grapes, bananas and strawberries.*