



“BEYOND THE CLASSROOM” ENGLISH SELF-STUDY GUIDE

School

City

Teacher's name

Student's name

Grade

7th

Level

A1

ORIENTACIONES PARA LOS PADRES DE FAMILIA

ORIENTACIÓN PARA LOS PADRES DE FAMILIA. Esta guía de aprendizaje de Inglés para el trabajo en casa se preparó con el fin de ayudar a su hijo a repasar vocabulario sobre deportes y aprender a escribir sobre un evento deportivo realizado en su colegio, ciudad o departamento. Su hijo debe dedicar dos horas al desarrollo de la guía. El trabajo descrito aquí se relaciona con la página 53 del libro del estudiante Way to go 2, que está disponible en la plataforma de Colombia Aprende y cuyo link está disponible en la sección TEXTBOOK LINKS. Además, se adjunta la página del libro al final de la guía para quienes no tienen acceso a internet

1. La actividad 1 se compone de dos ejercicios, uno relacionado con los conocimientos previos y consiste en resolver la pregunta. ¿Las personas con discapacidad son buenos competidores deportivos?Cuál es la diferencia entre paralímpico y no paralímpico?. Además, su hijo(a) deberá observar las imágenes y relacionarlas con el equipamiento necesario para su práctica, escribiendo los nombres de los elementos que aparecen en la imagen, escuchar la pronunciación y repetir.
2. La actividad dos consiste en la lectura del texto buscando lograr la misma velocidad del audio e identificar los verbos en pasado, realizar el ejercicio para comprender las normas de escritura de verbos en pasado a partir de la deducción de las reglas gramaticales que le permitan completar la tabla correspondiente. Además, su hijo(a) deberá responder las preguntas de comprensión.
3. La siguiente actividad es para evaluar cómo su hijo organiza un párrafo con base en las orientaciones dadas.
4. La última actividad tiene la intención de que su hijo se autoevalúe como una forma de reflexión sobre su aprendizaje.



WELCOME TO THIS SELF-STUDY GUIDE

This self study guide was designed to help you practice about Olympic and Paralympic sports. Some activities you find are based on the book Way to go 7th grade. Module 1, Unit 1 page 53 and 59. The guide begins with a question to know your knowledge on Paralympic sports to establish connection with your previous experiences about the topic. Then it continues with a matching exercise to remember vocabulary about sports. After that, it continues with a Reading exercise which asks you to complete a chart and answer some questions to verify your understanding. Finally you will write a paragraph talking about a sport event to share with your classmates or teacher by means of an audio or video.

Topic	Skill(s)	Grammar	Vocabulary	Function(s)
Bullying and conflict	Reading Writing	Past simple was/were	Feelings and emotions Ethical values Sports	Give and ask for information related to past tense situations Discuss about social values

GET READY

Study time needed: 2 hours	Resources: Whats App, self study guide. Audio	Textbooks Links: - <i>Way to go, Students' Book</i> https://drive.google.com/file/d/1C_Ez_knz9NiFWocekZJ0_blrpp8O-uoF/view - <i>Way to go, Workbook</i> https://drive.google.com/file/d/1aKkxDUnPAEiGY-7i2WoWrVMUpWPVsptZ/view
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LEARNING OBJECTIVES

LEARNING STRATEGIES

What will you learn/practise/reinforce with these activities?

- ¹To give and request information about feelings and emotions
- To describe situations in the past related to sport events
- To develop reading comprehension abilities through reading exercises

What can you do to achieve the objectives?

- Please make sure you read and understand the guide. If not, ask your teacher
- Follow the steps given by your teacher in the same order in which they appear
- Listen to the audio as many times as you need to get good pronunciation patterns and fluency.
- Do not hesitate to ask questions to your teacher or classmates about your doubts.

ACTIVITIES

1. LANGUAGE TASKS (50 minutes)

You are going to learn and remember what you know about paralympic sports and also, you will learn how to talk about a sports event in your community.

1.1. Answer the following question and solve the activities:

1.2. Do you think that paralympic athletes are good competitors? What's the difference between olympic and paralympic sports?

1.3. Match the image of the sport with the equipment people need to practice each one of them. Then, with the help of the dictionary and choosing the words of the wordbank, label the elements you find below. Write the names of the objects on the line provided.

WORDBANK

swimming goggles
swimming cap

paralympic bike
tennis racket

wheelchairs

ball
net

¹ "Ignacio Gil Sanabria | Facebook." <https://es-la.facebook.com/iet.ignaciogilsanabria>. Se consultó el 11 ago.. 2020.



See the example of the first match



PARA-SWIMMING



PARA-CYCLING



WHEELCHAIR TENNIS



WHEELCHAIR BASKETBALL



SITTING VOLLEYBALL



tennis racket and balls



2. **SKILLS TASKS** (40 minutes)

2.1. Listen carefully and read the corresponding text about the Paralympic Games. Look at the dictionary for the unknown words if you need it. Read it several times until you get good fluency and pronunciation.

The first Paralympic Games were in Rome, Italy, in 1960. 400 athletes from 23 countries competed. The 2016 Paralympic Games were in Rio, Brazil, and approximately 4,350 athletes from over 160 countries competed.

These amazing world-class athletes competed in 117 very exciting events, for example, basketball, cycling, tennis and swimming, but they played in wheelchairs and had bionic legs or arms! Paralympic athletes all have one thing in common: motivation!

The Colombian Paralympic athletes won a total of 17 medals at Rio: 2 gold, 5 silver and 10 bronze! A fantastic result!

Both spectators and competitors at the events all shared the same feelings of excitement and happiness and the atmosphere was electric!

The Paralympic Games in Rio demonstrated important values, for example, respect, honesty, responsibility, cooperation and teamwork. These Games and all the fantastic athletes taught us that we are all important and equal.

2.2. Complete the chart with verbs in present and past tense in your notebook.

Verbs I found in PAST TENSE	The same Verbs found but in PRESENT TENSE
Example: were	are



2.3 Complete the following chart about the previous reading and the vocabulary on activity 1

CHARACTERISTICS OF PARALYMPIC GAMES

COMPETITORS	SPORTS	EQUIPMENT	MEDALS	FEELINGS	VALUES
People with bionic arms and legs	Basketball	ball	gold	motivation	cooperation

2.4. Answer the following questions about the reading. See the example given

Example:

1. How many Paralympics athletes did compete in Italy? And, how many in Rio?
400 paralympic athletes competed in Italy and 4350 athletes competed in Rio
2. What characteristics do these athletes have in common?

3. How many events did they compete in?

4. How many medals did the Colombian paralympic athletes win in Rio?

5. What did people learn about the games?

6. Do you think that paralympic athletes' participation in events help them to improve their lifestyles? If so, why?



2.5. Write a short paragraph talking about an important sport event celebrated at the school, town or department, including at least one paralympic competition. Take into account the following aspects: Name of the event, sports, equipment needed, medals, feelings, values.

MY PARAGRAPH

2.6 Listen (teacher is going to see the audio via WA) and read along with the text the history of Paralympic movement as many times as you need to understand and get good pronunciation.

The History of Paralympic Movement

In 1944 a Jewish doctor who was a refugee from Nazi Germany started a new spinal injuries unit at Stoke Maneville Hospital. At the time patients were only expected to live for two years so the idea was to make their remaining days as comfortable as possible.

Ludwig Guttman had other ideas about their life expectancy and insisted on managing treatment his way. His approach was controversial to many but Guttman single handedly revolutionised the care of the paralysed. He got patients off sedation and turned in bed every two hours to prevent infections. Next, he insisted they got up and moved around by taking part in craft and sporting activities. One of Guttman's most inspired ideas was to get wheelchair patients playing competitive sports as a way of improving fitness, boosting self esteem and restoring personal dignity.

"He changed the world out of all recognition because he gave me so much more confidence, you know. I knew that I was an equal to anybody. I don't know where I would have been without him".

On the same day as the opening of the 1948 London Olympic games Dr Guttman organized a team from the Star and Garter Home to compete in an archery



demonstration and get in a lasting impact. The 14 men and 2 women who took part that day became the first Paralympians.

According to the audio you listen to, complete the following diagram



3. SELF AND PEER ASSESSMENT (30 minutes)

3.1. SELF-EVALUATION.

3.1.1. Go to module 2 Check your progress. Page 59 and do the activities 1 and 3.



module 2 // Check Your Progress

Check Your Progress

1. Speak » Look at the pictures and say what you think the people are feeling.



I can express feelings and emotions.	
Very well	
Quite well	
With difficulty	

3. Write » Your favourite team won an important match. Write a postcard to congratulate them. Include the following: how well they played, and how you felt before, during and after the match.



I can describe situations in the past.	
Very well	
Quite well	
With difficulty	

3.2. PEER EVALUATION

3.2.1. Exchange the postcard with two classmates and ask them to evaluate the postcard received taking into account 1. Good use of language and past tense verbs 2. Complete information based on the aspects asked by the teacher. 3. Organization of the paragraph

3.3. Responde las siguientes preguntas

- 3.3.1. Cuál fue la actividad que más te gustó y cuál la que menos te gustó?
- 3.3.2. Enséñame algunos deportes paralímpicos
- 3.3.3. Observemos el párrafo que escribiste. ¿Está organizado? ¿Incluíste todos los aspectos pedidos?
- 3.3.4. ¿Cuánto tiempo te tomó desarrollar la guía?
- 3.3.5. ¿Qué recursos utilizaste?

THIS IS THE END

Congratulations, you are doing well. Continue making progress in your processes of learning. Remember learning a language is a very heartwarming process and it gives us a lot of satisfaction and success.



USEFUL RESOURCES

Place to play a word game related to paralympic games vocabulary

<https://learnenglishkids.britishcouncil.org/word-games/olympics-and-paralympics-1>

[Tts reader](#)

[Oxford Dictionary online](#)

ANSWER KEY

Here you find the answers to the exercises done by you, so that, you can verify your answers

Exercise 1.3. 1. B. 2. D 3. E 4. C 5. A

Skill tasks 2.3. Competitors: People in wheelchairs

Sports: cycling, tennis, swimming

Equipment: bicycle, ball, goggles,

Colombian Medals: Silver, bronze

Feelings: excitement, happiness

Values: respect, honesty, responsibility, teamwork.

Exercise 2.4. Answers Key: 2. They have motivation/ they compete in wheelchairs/ they have bionic legs or arms 3. They competed in 117 events 4. The Colombian Paralympic athletes won 17 medals: 2 gold, 5 silver and 10 bronze. 5. People learned they are important and equal

ORIENTACIONES FINALES PARA LOS PADRES DE FAMILIA

Una vez tu hijo haya finalizado la guía pregúntale lo siguiente para verificar el aprendizaje:

1. Qué aprendiste con las actividades desarrolladas
- 2.Cuál fue la más fácil y cuál la más difícil, ¿por qué?
- 3.Menciona los deportes paralímpicos con su correspondiente equipamiento (Inglés)
- 4.Menciona que valores desarrolla la práctica de deporte. (inglés)

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module 2 // Check Your Progress

Check Your Progress

1.  **Speak** » Look at the pictures and say what you think the people are feeling.



I can express feelings and emotions.	<input checked="" type="checkbox"/>
Very well	<input type="checkbox"/>
Quite well	<input type="checkbox"/>
With difficulty	<input type="checkbox"/>

3.  **Write** » Your favourite team won an important match. Write a postcard to congratulate them. Include the following: how well they played, and how you felt before, during and after the match.

I can describe situations in the past.	<input checked="" type="checkbox"/>
Very well	<input type="checkbox"/>
Quite well	<input type="checkbox"/>
With difficulty	<input type="checkbox"/>



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